

# Amy S. Thul-Sigler, D.Ed.

## Office Address:

The Pennsylvania State University  
601H Ford Building  
[Ast144@psu.edu](mailto:Ast144@psu.edu)  
814-865-2223

Home Address:  
303 Chadham Ct.  
Bellefonte, PA 16823  
570-205-2154

---

## EDUCATION

THE PENNSYLVANIA STATE UNIVERSITY University Park, PA  
**Doctorate of Education Degree, Concentration in Adult Education** May 2016  
**Minor in Counselor Education**  
Advisor: Davin Carr-Chellman, Ph.D.  
Dissertation: *The effects of career interventions on the career uncertainty scores of alumni.*

BLOOMSBURG UNIVERSITY OF PENNSYLVANIA Bloomsburg, PA  
**Master of Education Degree, Concentration in Counseling** December 2009

SUSQUEHANNA UNIVERSITY Selinsgrove, PA  
**Bachelor of Arts Degree, Concentration in English** December 2006

---

## AWARDS

2017 NBCC Foundation CCE Professional Development Award  
2015 NCDA Graduate Student Research Grant Award

---

## ACADEMIC POSITIONS

THE PENNSYLVANIA STATE UNIVERSITY University Park, PA  
**Assistant Teaching Professor/Associate Director of Professional Development** 2016-Present  
**Health Policy and Administration Department**

LUZERNE COUNTY COMMUNITY COLLEGE Shamokin, PA  
**Instructor, Education/English Department** 2009-2011

---

## COURSES TAUGHT

- Independent Study/Shadow Experience
  - Independent Study/Co-op Experience
  - Professional Development in Health Policy and Administration
  - Field Experience in Health Policy and Administration
  - First Year Experience
  - English Composition
  - Advanced Composition: Contemporary Issues
-

## HIGHER EDUCATION EXPERIENCE

THE PENNSYLVANIA STATE UNIVERSITY  
**Assistant Director, Alumni Career Services**

University Park, PA  
2012 –2016

Proctored and interpreted formal career assessments including Myers-Briggs Type Inventory, Strong Interest Inventory, StrengthsQuest, Self-Directed Search, Skills Profiler, and various informal assessments. Trained and supervised part time career counselor. Assisted with employer outreach and development during career fairs and networking events. Assisted with the implementation and maintenance of networking databases and job boards including Symplicity and LinkedIn. Planned and organized alumni engagement face to face events focusing on professional development working as part of the Alumni Association's Alumni and Student Engagement Team. Maintained working partnerships with alumni groups and chapters in targeted metropolitan areas.

### KEY CONTRIBUTIONS:

- Over 300 individual appointments in person, over the phone, email, Adobe Connect.
- Conducted over 50 workshops and seminars in person and online including job search, networking, career challenges, recent graduate groups, and alumni expert series, etc.
- Compiled all department statistics using Excel to track and collect data for project reporting.
- Overhauled and continuously updated department website and social media platforms.
- Worked with office staff to create online survey for alumni served through Qualtrix.

### **Career Counselor, Alumni Career Services**

2012

Responsible for one-on-one career counseling through multiple platforms including phone, email, Adobe Connect. Interpreted career assessments including Myers-Briggs Type Inventory and Strong Interest Inventory. Developed foundational knowledge of programs including networking events and career education workshops, working with alumni groups when appropriate. Served as a speaker for alumni groups in targeted metropolitan areas while developing campus connections. Created marketing materials and processes from concept stage to implementation.

CENTRAL SUSQUEHANNA INTERMEDIATE UNIT  
**Basic Education Instructor**

Lewisburg, PA **Adult**  
September 2011 - June 2012

BLOOMSBURG UNIVERSITY OF PENNSYLVANIA  
**Graduate Assistant, Department of ACT 101/EOP**

Bloomsburg, PA  
May 2009 - December 2009

Provided career and academic counseling sessions to individuals and groups focusing on course schedules, internships, and campus employment. Updated and maintained confidential alumni and student records while supervising undergraduate student workers. Coordinated and implemented department student/faculty/alumni mentoring program. Organized and delivered summer welcome week programs and events for over 200 minorities and returning adult students and their families. Promoted program by developing presentations for small and large campus and community events.

---

## PRESENTATIONS/PUBLICATIONS

Thul-Sigler, A. & Colozzi, E. (In Progress). Using A Values-Based Intervention to Facilitate Career-life Exploration & Planning and Decrease Career Uncertainty with Adult Deciders.

Colozzi, E., & Thul-Sigler, A. (2016). Cultivating a Willing Readiness to Reflect: Interventions That Facilitate Making Career-Life Decisions. *Career Convergence*, (1). Retrieved from [http://ncda.org/aws/NCDA/pt/sp/CC\\_home\\_page](http://ncda.org/aws/NCDA/pt/sp/CC_home_page)

Thul-Sigler, A. S. (2016). The effects of career interventions on the career uncertainty scores of alumni. Presented at the 14th Annual Hawaii International Conference on Education. Honolulu, HI.

Thul-Sigler, A. S. (2016). Using values with adults to decipher career indecision. To be presented at the National Career Development Association. Chicago, IL.

Thul-Sigler, A. S. (2015). Focusing on career development with inmates. *Career Convergence*, (1). Retrieved from [http://ncda.org/aws/NCDA/pt/sp/CC\\_home\\_page](http://ncda.org/aws/NCDA/pt/sp/CC_home_page)

---

### UNIVERSITY SERVICE

- Penn State Graduate School Alumni Society Board of Directors – College of Education Representative
- Schreyer Honors College: Selection Committee, New Student Orientation
- Faculty mentor 25 students per year
- HPA Undergraduate Committee
- Women’s Leadership Initiative (Spring 2017)
- Career Development/Mentoring Committee
- Commission for Women Mentor
- HPA APG Committee

---

### MEMBERSHIPS

NCDA, Leadership Academy	2018
NCDA, Credentialing Committee	2017-Present
NCDA, <i>Field Editor, Technology Committee Member</i>	2015-Present
ACSN, <i>New Business Development Board Member</i>	2015-2016

---

### CERTIFICATIONS

Master of Career Counseling, National Career Development Association	2017
Essentials for Online Teaching, Penn State University	2016
Career Development Facilitator Certification, Center for Credentialing and Education, Inc.	2014

---

### TECHNICAL SKILLS

Proficient in: Symplicity, Advance/AWA, Banner, Minitab, SPSS Statistics, MS Suite, MS Office XP, PowerPoint, Prezi, Mac OSX, Adobe Connect, Adobe Presenter, Cvent, Canvas, Drupal, Starfish, LionPath