

ASHLEY J. HELSEL

311 CHANDLEE LABORATORY UNIVERSITY PARK, PA 16801
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Education

- ❖ **Pennsylvania State University** | University Park, Pennsylvania 16803 | 2015 - Present
 - Bachelor of Science in Biobehavioral Health
 - Cumulative GPA: 3.96
 - Minor: Health Policy and Administration
 - Anticipated Graduation: August 2020
 - Relevant Academic Courses: Research and Applications of BioBehavioral Health (SPSS Software), Elementary Statistics, Research Strategies of BioBehavioral Health, Math of Money
 - Relevant Training Courses: CITI Biomedical Human Subjects Research (IRB), Vulnerable Subjects-Research Involving Minors, Building a Safe Penn State: Reporting Child Abuse, Clery Act Training through Learning Resource Network, fMRI Safety Training

Professional Experience

- ❖ **Centre Dance Studio, State College, PA** | June 2019 – Present
 - Faculty Member & Dance Instructor
- ❖ **Ballet Magnificat – Professional Ballet Company International and National Touring** | 2016 – 2019
 - Promoted to Company Member | 2018-2019
 - Dance Instructor and Student Advisor for a Four-Week Dance Intensive | Summer 2017, 2018
 - Assembly Operations for Touring Ballet Company | 2016 - 2019
 - Administrative Team for Creative Workshop | Summer 2017, 2018
 - Social Media Marketing Team | 2018
 - Advanced to Student Apprentice | 2017 – 2018
 - Travelled to and performed in South Africa and Israel
 - Events Company | 2016 – 2017
 - Toured to East Asia and Guam | Spring 2017

Skills

- ❖ Proficiency with Statistical Package for Social Sciences (SPSS) Software
- ❖ Experience with Microsoft Excel
- ❖ Understanding of Research and Data Analysis

Awards and Acknowledgements

- ❖ **Candidate for Rachel E. Abraham Award** | (pending)
 - Awarded to one Biobehavioral Health senior for outstanding academic success
- ❖ **President Sparks Award** | 2017
 - Awarded to sophomores with a cumulate GPA of 4.00
- ❖ **President's Freshman Award** | 2016
 - Award presented to students achieving a cumulative GPA of 4.00
- ❖ **Certificate for Food Safety in Schools** | Institute of Child Nutrition | 2019