CURRICULUM VITAE

Christopher Engeland, Ph.D.

Professor (Tenured)	Lab website:	https://sites.psu.edu/stressandimmunity/
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Research Overview: Broadly, I am interested in how stress, age, gender, and hormones affect immunity, inflammation, and health; also, the feasibility of diverse biomarkers for predicting health outcomes.

Research i) Stress, inflammation, biological aging, cognitive aging, and dementia risk (human)

- Interests: ii) Effects of stress, age, sex & hormones on inflammation and wound healing (human, animal) iii) Inflammation and mental health (e.g., depression, bipolar) (human)
 - iv) Inflammatory biomarkers & stress: Predictors of preterm birth & cardiovascular risk (human)
 - v) Salivary diagnostics Immunity and neuropathology (human)

ACADEMIC POSITIONS

Professor (Tenured) Joint Faculty Member Adjunct Faculty Member Affiliate Faculty Member Affiliate Faculty Member Affiliate Faculty Member Affiliate Faculty Member	Biobehavioral Health (PSU) Ross & Carol Nese College of Nursing (PSU) Penn State Neuroscience Institute (PSU) Child Maltreatment Solutions Network (PSU) Social Behavioral Neuroscience (PSU) Center of Geriatric Nursing Excellence (PSU) Center for Healthy Aging (PSU) Center for Wound Healing (UIC)	2023 - Present 2013 - Present 2013 - Present 2024 - Present 2019 - Present 2018 - Present 2016 - Present 2008 - Present
Past Positions: Associate Professor (Tenured) Assistant Professor Assistant Professor Assistant Professor (Joint) Assistant Professor (Adjunct) Research Assistant Professor	Biobehavioral Health (PSU) Biobehavioral Health (PSU) Periodontics (UIC) Women, Child, Family Health Science (UIC) Neuroscience Program (UIC) Periodontics (UIC)	2017 - 2023 2013 - 2017 2008 - 2014 2012 - 2013 2009 - 2013 2005 - 2008

ACADEMIC HISTORY

Post-Doctoral Fellow, *University of Illinois at Chicago (UIC)* 2003-2005, *The Ohio State University (OSU)* 2002-2003. Advisor: Phillip Marucha, Ph.D., D.M.D.

Doctor of Philosophy, Neuroscience (2002)

University of Western Ontario (UWO). Advisors: Klaus-Peter Ossenkopp Ph.D., Martin Kavaliers Ph.D. Thesis: Factors which modulate sickness expression and tolerance development following bacterial infection in rodents

Master of Science, Specialization in Neuroscience (1997) *Carleton University* - Ottawa, Ontario, Canada. Advisor: Verner Knott Ph.D. Thesis: Nicotine and the mismatch negativity in Alzheimer's disease

Bachelor of Science, High Honours in Psychology (1994)

Carleton University - Ottawa, Ontario, Canada. Advisor: Shelley Parlow Ph.D. Thesis: A subclassification of left-handers into consistent and inconsistent classes and an analysis of performance on a 2:1 tapping apparatus

ACTIVE RESEARCH GRANTS (Direct costs shown)

NIH 2 P01 AG003949 (Derbv) 04/01/2022 - 03/31/2027 \$24.150.895 Einstein Aging Study - Renewal proposal for currently funded P01 (see Project & Core below)

1) P01 - Project Leader (Engeland, Graham-Engeland)

Depression, inflammation, biological age, and cognitive function This longitudinal study (5 annual data waves) will examine how depression, inflammation, and biological aging (telomere length, DNA methylation) interact to predict cognitive decline, mild cognitive impairment, and dementia (e.g., Alzheimer's disease) in 767 participants 60+ years of age in the Bronx, NY. Role: Project Leader (Multiple), 25% effort

2) P01 - Core Leader (Engeland, Pavlovic) **Biomarker Core**

This core for the above P01 renewal oversees the following measures, analyses, and interpretation: plasma-based neurodegenerative biomarkers, blood autophagy, blood chemistry, genetics, and MRI. Role: Core Leader (Multiple), 20% effort

NIH R01 HL153377-01 (Zilioli) 04/01/2021 - 03/31/2026 \$2,619,373 Stress, racism, and cardiovascular risk among urban African American adults: A multilevel, mixed methods approach (The Heart of Detroit Study)

Using a mixed methods approach, this study will identify the psychosocial stressors most salient to 500 middle-aged and older African Americans. We will model the daily psychological, behavioral and biological pathways through which stress can exacerbate cardiovascular disease (CVD) risk in this population.

Role: Co-I (PI at Penn State), 10-15% effort

NIH UF1 AG072619-01 (Gamaldo)

Psychosocial and neighborhood mechanisms and consequences of Black-White sleep disparities on cognition

This longitudinal study (6 biannual data waves; n=320) will model racial differences in the associations between sleep and cognitive functioning, while accounting for factors such as cumulative/life stress and inflammation. Risk for cognitive decline will be determined.

Role: Co-I, 15% effort

NIH NIA R03 AG081719-01 (Graham-Engeland) 04/01/2023 - 03/31/2025 \$100.000 The role of loneliness in cognitive decline and risk for dementia

This project will extend the ongoing Einstein Aging Study (EAS) P01 to examine how self-reported loneliness, via both retrospective report and ecological momentary assessment (EMA), relate to cognitive function and decline in older adults at cross-section and longitudinally.

Role: Co-I, 2.5% effort

NIH NIA R03 AG081565-01 (Harrington) 05/15/2023 - 11/30/2025 \$200,000 Prospective memory in everyday life: Lapses and decline in relation to inflammatory and neurodegenerative biomarkers in older adults

This project will extend the ongoing Einstein Aging Study (EAS) P01 to examine prospective memory lapses in association with biomarkers of inflammation and neurodegeneration, and the moderating role of aender.

Role: Consultant

RS-2024-00348012 (Song)	05/01/2024 – 05/01/2027 \$6	
	International Funds:	\$120,000
Korean National Science Foundation		

Global collaborative research on establishing a Korean older adult cohort

This project aims to develop a Korean older adult cohort with rich data around affect, pain, health behavior, cognitive performance, and health-risk factors, including inflammation.

\$2,536,683

\$1,719,450

08/15/2021 - 07/31/2024 \$1.719.387 Role: Co-I

The Geroscience and Dementia Prevention Consortium – Penn State (Paul) A scalable patient to petri dish (P2P) initiative for investigating Alzheimer's Disease This project aims to demonstrate the feasibility of building a "patient-to-petri dish" (P2P) pipeline to generate mixed tissue 3D organoids from Alzheimer's and Alzheimer's Disease Related Disorder patients for *ex vivo* assays and manipulation studies. **Role: Co-I**

ACTIVE TRAINING AND CONSORTIUM GRANTS

NIH T32 AG049676-01 (Martire, Almeida) 2015 – Present Psychosocial determinants and biological pathways to healthy aging Role: Co-I; Faculty Mentor

NIH T32 HD101390-01 (Noll, Jackson) 05/11/2020 – 04/30/2025 Creating the next generation of scholars in child maltreatment science Role: Co-I; Faculty Mentor

Penn State University Science CouncilHealth Challenge (Sliwinski)02/25/2022 - 02/24/2025\$600,000The Geroscience and Dementia Prevention Consortium (GDPC)Role: Co-I; Faculty Member\$600,000

NIH R25 HL147668-01 (Wray, Kitko) 2019 – 2024 Improving access through research and training (IMPACT) Role: Co-I; Faculty Mentor https://impactprogram.psu.edu/

GRANTS PENDING REVIEW (Direct costs shown)

NIH R03 AG088758-01 (Witzel)04/01/2024 - 03/31/2026\$100,000Stress and affective mechanisms that relate to inflammation in diverse older men and womenThis project extends the Einstein Aging Program Project to examine which aspects of daily stressprocesses are linked with inflammatory markers, including MIF, and the moderating role of gender.Role: ConsultantImpact Score 30, Percentile 12 [JIT requested]

NIH NIA K23 (Balthazar) 07/2024 - 06/2029 \$1,345,031 Longitudinal role of sleep and social determinants on neuroinflammation and cognitive health in minoritized vs. non-minoritized participants of the Einstein Aging Study Role: Consultant (Under revision) Impact Score 45

PAST GRANT FUNDING (Direct costs shown)

NIH R21 AG066140-01 (Knight, Engeland)

09/15/2019 - 05/31/2024 NCE \$275,000

Sex hormones, inflammation, and cognitive decline in older men and women

This addition to an ongoing longitudinal study examines, across 3 annual data waves, how sex hormones in the elderly (testosterone, estrogen, estrone) relate to inflammation and predict cognitive decline, mild cognitive impairment, and ultimately dementia (e.g., Alzheimer's disease) in 600 participants 70-90 years of age in the Bronx, NY.

Role: PI (Multiple)

NIH R03 DK13295951 (Kovacic) 06/01/2022 – 05/31/2024 \$150,000 Brain-gut-genome profiling in connective tissue disorder-related gastrointestinal dysfunction Pilot study of brain-gut signaling, immune function and transcriptomics in a cohort of adolescents with connective tissue disorders and functional gastrointestinal complaints. Study includes detailed characterization of autonomic function and inflammatory profiles along with gastric motility using a novel gastric MRI protocol. Role: Consultant

NIH RF1 AG056487-01A1

(Engeland, Graham-Engeland)

07/01/2018 - 08/31/2023 \$2,650,961

Integrative biobehavioral and psychosocial risk for cognitive decline in the elderly

This longitudinal study (4 annual data waves) examines how inflammation, lipid signaling, and neurodegenerative biomarkers predict cognitive decline, mild cognitive impairment, and ultimately dementia (e.g., Alzheimer's disease) in 500 participants 70-90 years of age in the Bronx, NY. **Role: PI (Multiple)**

PA Tobacco Settlement Fund (TSF)

Junior Faculty Research Scholar Award: Commonwealth Universal Research Enhancement (CURE) Program (Mukherjee) 06/01/2020 – 06/30/2023 \$200,000 A neurobiological model of anticipatory anhedonia: The association of inflammation and reward circuitry dysfunction in treatment resistant depression

This study examines the unique and interactive associations between measures of inflammation (blood) and reward (fMRI) with anticipatory anhedonia in patients who are non-responsive to antidepressants. **Role: Faculty Mentor / Co-I**

NIH R44 AG056250-03A1 (Gartenberg) 06/01/2020 – 05/31/2023 \$2,478,346 A non-pharmacological multi-modal therapy to improve sleep and cognition and reduce mild cognitive impairment risk

The overall objective of this research is to develop a non-pharmacological means to address sleep deficiencies and well-being in older adults. **Role: Co-I**

NIH R01 MD011575-01A1 (Giurgescu) 01/06/2017 – 07/31/2022 NCE \$2,498,120 Social stressors and inflammation: A mixed methods approach to preterm birth This mixed method, longitudinal study will be the first to prospectively examine five interrelated factors (social stressors, personal resources, emotional stress, cortisol, and inflammation) that have been related to preterm birth. The study will be conducted with 1500 African American women. Role: Co-I (PI at Penn State)

NIH U01 AG062370-01 (Sliwinski) 09/30/2018 – 05/31/2021 NCE \$1,380,573 Elucidating the necessary components and mechanisms of cognitive training (ENACT) This study will use two forms of cognitive training to examine how cognitive and psychosocial factors account for the transfer of such training to everyday function in adults aged 45-90. Lifestyle behaviors, biomarkers and neural mechanisms (fMRI) will also be explored. Role: Co-I

NIH UL1 TR002014 Penn State CTSI (Mukherjee) 09/01/2019 – 08/31/2021 NCE \$47,300 **Neural, Inflammatory and Behavioral Markers of Anhedonia in Treatment Resistant Depression** This study examines the unique and interactive associations between measures of fMRI, MRI, and inflammation with components of depressed mood (e.g., anhedonia) in patients who are non-responsive to antidepressants.

Role: Co-I

Proactive Life Inc. (Buxton) A non-pharmacological multi-modal therapy to improve sleep and cognition and reduce mild cognitive impairment risk

In conjunction with NIH grant AG056250-03A1 (above), the overall objective of this research is to develop a non-pharmacological means to address sleep deficiencies and well-being in older adults. Role: Co-I

04/01/2020 - 05/31/2022

NIH U01 AG062370-02 (Ross) 07/15/2019 - 05/31/2020 \$250,000 Elucidating the necessary components and mechanisms of cognitive training This administrative supplement provides funds for additional blood-based biomarkers to be assessed that pertain to brain health, neurodegeneration, and Alzheimer's Disease. Additional funds will cover mobile plans for cell phones and other related costs. Role: Co-I

NIH R01 AG042595-01A1 (Engeland, Graham) 09/30/2012 - 05/31/2019 \$1.363.648 Inflammatory mediators of stress and cognitive aging

This longitudinal study incorporates blood and saliva sampling and a battery of psychosocial questionnaires (4 annual data waves) into an ongoing prospective study that examines cognitive aging in 320 individuals 25-65 years of age in the Bronx, NY. Role: PI (Multiple)

BBH Research Initiative Award (Murdock) 11/05/2018 - 06/30/2019 \$9,185 Cognitive performance and inflammation: Evaluating the role of circulating and stimulated cytokines

This study will provide pilot data on basal and lipopolysaccharide-induced cytokines in ex vivo human blood samples, to examine how cognitive abilities, stress, health behaviors and inflammation relate to metabolic syndrome.

Role: Co-I

BBH Research Initiative Award (Murdock) 04/20/2018 - 08/31/2018 \$3.400 Cognitive profiles and metabolic syndrome: Biobehavioral mechanisms explaining increased risk and progression

This study will provide pilot data on mitochondrial dysfunction for a future R01 grant application examining how cognitive abilities, stress, health behaviors and critical biomarkers relate to metabolic syndrome. Role: Co-I

CTSI Bridges to Translation Award (Engeland)

Penn State University – NIH UL1 TR002014

Hyperglycemia and impaired healing in medically complex surgical patients

This clinical pilot study examines hyperglycemia development and surgical outcomes in hernia repair patients, with a focus on lipidomics and proteomics aimed at factors critical for tissue repair that are assessed from blood and directly in the wound site (i.e., wound drainage). Role: PI

University of Sydney

International Program Development Fund (Edwards) Healthy aging in a changing climate: Heat wave survival, critical biomarkers and interventions This pilot project examines the efficacy of lowcost, energy efficient interventions (e.g. electric fans) on mitigating cardiovascular and thermal strain, which lead to a heighten risk of cardiac events in at-risk individuals during heat waves.

Role: Co-I

Social Science Research Institute – CYFC (Noll) Penn State University

Daily Stress and Premature Cognitive Aging as Long-term Sequelae of Childhood Sexual Abuse

03/01/2014 - 02/28/2016

This grant examined resilience in the face of daily stressors and the extent to which daily stressors

\$482,877

01/01/2015 - 12/31/2016 \$19,541

11/01/2015 - 06/30/2017

\$43,000

\$45.980

exacerbate the impact of an already-compromised Hypothalamic Pituitary Adrenal (HPA) axis. Role: Consultant

UIC Midwest Roybal Center for Health Promotion and Translation (Ezenwa) Feasibility of a Stress Reduction Intervention Study This clinical pilot study assessed the effects that stress and cardiovascular function in patients with sickle cell d	reduction has on pain perceptior	\$50,000 n, cortisol levels
Wayne State University (Giurgescu) College of Nursing Social stressors, inflammation, and preterm birth in This study examined the role of social stressors and infl women in Detroit. Role: Co-I		
College of Nursing Internal Research (Ezenwa) The Feasibility of a Stress Reduction Intervention S Pilot study that assessed the effects that a guided imag perception, and cortisol levels in patients with sickle cell Role: Co-I	ery intervention has on perceive	\$10,000 d stress, pain
UIC Campus Research Board (Ezenwa) Feasibility of a Stress Reduction Intervention Study This clinical pilot study assessed the effects that stress and cardiovascular function in patients with sickle cell d Role: Co-I	reduction has on pain perceptior	\$20,000 n, cortisol levels
Marie Curie Funding Scheme fp7 (Lord) European Research Council Neuroendocrine Networks in Aging – Stress, Immur Study aims: 1) to investigate the associations between I immunesenescence in pre-senescent adults (18-65 yrs) neuroendocrine activity and latent viral infection in these Role: Consultant	lifestyle, psychosocial factors, ar); 2) to investigate the potential n	
Social Science Research Institute (Graham) Penn State University Inflammatory Mediators of Psychological Stress and This pilot funding enabled sample collection over the first biomarkers collected during the first 6 months, in an one aging in the Bronx, NY. This ensured that physiological above). Role: Co-I	st year, and also the analysis of i going longitudinal study of stress	and cognitive
Social Science Research Institute (Graham) Penn State University Validation of Salivary to Blood-based Inflammatory and Immune Health Indicators This pilot study will validate various inflammatory bioma blood, and also relate them to tissue inflammation durin Role: Co-I	rkers in saliva to previously obta	•
UIC CCTS Pilot Grant 2011 (White-Traut) Pathways to Preterm Birth: Stress, Inflammation, & This pilot project has provided additional preliminary date		\$60,000 pplication for

09/2013 (see above). Role: Co-I

NIH R01 DE017686-01 (Marucha)

Stress-Impaired Microbial Clearance

This program will study the effects of stress on the immune system, and the role of oxygen on stressimpaired microbial clearance, during wound healing. **Role: Co-I**

NIH R03 NR010608-01 (Giurgescu)

Race-related Stressors and Preterm Birth in African-American Women This program will examine the relations between psychological and physiological stressors, immune responses and the incidence of preterm birth in low income African-American women. **Role: Co-I**

UIC Wach Fund (Fischer)

Application of Salivary Diagnostics in Patients With and Without Intraoral Lesions This study will evaluate saliva as a diagnostic tool in assessing oral health in patients near the end of life. Role: Co-I

NIH R21 DE018161-01 (Engeland)

Clinical Corticosteroid Therapy: Impact on Oral Mucosal Wound Healing This program seeks to determine the effects of corticosteroid administration upon tissue inflammation and the healing of standardized oral mucosal wounds, and to assess the interactive effects of circulating sex and stress hormones on these healing parameters. These results should have a direct impact upon the prevalence of corticosteroid use in dental surgery. **Role: Pl**

NIH R21 DE018161-02S1 (Engeland)

06/02/2009-04/30/2010 \$

Administrative Supplements Providing Summer Research Experiences

This application will fund two undergraduate research students for the summer to work on my NIH funded R21 grant. It also provides \$2000 for research supplies. **Role: PI**

PUBLICATIONS * Mentored trainee ** Corresponding author [†]Co-first author

https://www.ncbi.nlm.nih.gov/myncbi/christopher.engeland.1/bibliography/public/

h-index = 32 [Google Scholar] ORCID ID: 0000-0002-1073-373X

- Nowak A, Saadat N, Sun J, Forsman A, Woo J, Engeland CG, Misra D, Giurgescu C, Zhang W, Anderson C. (In Press) Preterm birth in African American women: A multi-omic approach in early pregnancy. <u>Biological Research for Nursing</u>. PMID:
- Van Bogart K, Harrington EE, Witzel DD, Kang J, Sliwinski MJ, Engeland CG, Graham-Engeland JE. (In Press) Momentary loneliness and intrusive thoughts among older adults: The role of mild cognitive impairment and marital status. <u>Aging & Mental Health</u>. doi.org/10.1080/13607863.2024.2368643 (8 pages). PMID: 38907581
- Harrington EE*, Gamaldo AA, Felt JM, Witzel DD, Sliwinski MJ, Murdock KW, Engeland CG, Graham-Engeland JE. (In Press) Racial differences in links between perceived discrimination, depressive symptoms, and ambulatory working memory. <u>Aging & Mental Health</u>. doi.org/10.1080/13607863.2024.2351923 (9 pages). PMID: 38738650

\$275,000

\$8.600

07/01/2008-06/30/2011

03/01/2008-02/28/2013

06/01/2009-12/31/2010

05/01/2008-04/30/2010

\$1,250,000

\$14,788

\$100,000

- 4) Wright MA*, Giurgescu C, Misra DP, Slaughter-Acey JC, Engeland CG. (2024) Neighborhood racial composition and experiences of racial discrimination: Associations with cytokines during pregnancy among African American women. <u>Brain, Behavior, & Immunity Health</u>. doi.org/10.1016/j.bbih.2023.100715 (10 pages). PMID: 38193096
- 5) Zavala D, Dzikowski N, Gopalan S, Harrington KD, Pasquini G, Mogle JA, Muñoz E, Reid K, Sliwinski MJ, Graham-Engeland JE, Engeland CG, Bernard K, Veeramah K, Scott SB. (2024) Epigenetic and chronological age: Associations with cognitive performance in daily life. Journal of Gerontology <u>Series A: Biological Sciences and Medical Sciences</u>. doi.org/10.1093/Gerona/glad242 (10 pages). PMID: 37899644 Preprint: PsycArXiv https://psyarxiv.com/sre8p/
- 6) Harrington EE*, Graham-Engeland JE, Sliwinski MJ, Van Bogart K, Mogle JA, Katz MJ, Lipton RB, Engeland CG. (2023) Older adults' self-reported prospective memory lapses in everyday life: Connections to inflammation and gender. <u>Journal of Psychosomatic Research</u>. doi.org/10.1016/j.jpsychores.2023.111489 (7 pages). PMID: 37690333 Preprint: PsycArXiv https://psyarxiv.com/2cng3/
- 7) Davis K, Knauft K, Lewis L, Petriello M, Petrick L, Luca F, Joseph NT, Fritz H, Cutchin M, Rappaport L, Levy P, Engeland CG, Zilioli S. (2023) The Heart of Detroit Study: A window into urban middle-aged and older African Americans' daily lives to understand psychosocial determinants of cardiovascular disease risk. <u>BMC Psychiatry</u>. 23(1):846. doi.org/:10.1186/s12888-023-05339-x (11 pages). PMID: 37974109
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- 9) Wright MA*, Engeland CG. (2023) Biopsychosocial processes: Neuroendocrine and immune pathways. Chapter 11. In: Fagundes C & Merlo G (Eds.), Lifestyle Psychiatry: Through the Lens of Behavioral Medicine. Lifestyle Medicine Series. Boca Raton: CRC Press/Taylor & Francis Catalog #: 510906. pp. 132-143. ISBN: 9781032230993
- 10) Engeland CG**[†], Knight EL*[†], Yocum AK, Abu-Mohammad A, Bertram H, Vest E, McInnis MG, Saunders EFH. (2023) Heightened inflammation in bipolar disorder occurs independent of symptom severity and is explained by body mass index. <u>Brain, Behavior, & Immunity Health</u>. doi.org/10.1016/j.bbih.2023.100613 (8 pages). PMID: 37025250
- 11) Knight EL*, Graham-Engeland JE, Sliwinski MJ, Engeland CG. (2023) Greater ecologically-assessed positive experiences predict heightened sex hormone concentrations across two-weeks in older adults. Journal of Gerontology – Series B. 78(6):1007-1017. PMID: 36715104
- 12) Song S, DeMeo NN, Almeida DM, Majd M, Engeland CG, Graham-Engeland JE. (2022) The longitudinal connection between depressive symptoms and inflammation: Mediation by sleep quality. <u>PLOS One</u>. doi.org/10.1371/journal.pone.0269033 (21 pages). PMID: 35617264
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- 15) Graham-Engeland JE, DeMeo N, Jones DR, Mathur A, Smyth JM, Sliwinski MJ, McGrady ME, Lipton RB, Katz MJ, Engeland CG. (2022) Individuals with both higher recent negative affect and physical pain have higher levels of C-reactive protein. <u>Brain, Behavior, & Immunity Health</u>. doi.org/10.1016/j.bbih.2022.100431 (9 pages). PMID: 35243409
- 16) Van Bogart K, Engeland CG, Sliwinski MJ, Harrington K, Knight EL, Graham-Engeland JE. (2022) The association between loneliness and inflammation: Findings from an older adult sample. <u>Frontiers</u> <u>in Behavioral Neuroscience</u>. doi.org/10.3389/fnbehav.2021.801746 (12 pages). PMID: 35087386
- 17) Knight EL*, Majd M, Graham-Engeland JE, Smyth M, Sliwinski MJ, Engeland CG**. (2022) Depressive symptoms and other negative psychological states relate to *ex vivo* inflammatory responses differently for men and women: Cross-sectional and longitudinal evidence. <u>Physiology and</u> <u>Behavior</u>. 244:113656. doi.org/10.1016/j.physbeh.2021.113656 (9 pages). PMID: 34838823
- 18) Giurgescu C, Misra D, Slaughter-Acey J, Gillespie S, Nowak Alexandra, Dove-Medows E, Engeland CG, Zenk S, Lydic T, Sealy-Jefferson S, Ford J, Drury S, Stemmer P. (2021) Neighborhoods, racism, stress and preterm birth among African American women: A review. <u>Western Journal of Nursing Research</u>. doi.org/10.1177/01939459211041165 (10 pages).
- 19) Vervoordt SM, Arnett P, **Engeland CG**, Rabinowitz AR, Hillary FG. (2021) Depression associated with APOE status and hippocampal volume but not cognitive decline in older adults aging with traumatic brain injury. <u>Neuropsychology</u>. doi.org/10.1037/neu0000750 (13 pages). PMID: 34570541
- 20) Knight EL, Rodriguez-Stanley J, Jiang Y, Almeida DM, Engeland CG, Zilioli S. (2021) Perceived stress is linked to heightened biomarkers of inflammation via diurnal cortisol in a national sample of adults. <u>Brain, Behavior, and Immunity</u>. 93:206-213. PMID: 33515741 *Invited commentary. PMID:* 33831472
- 21) Davis KM, **Engeland CG**, Murdock KW. (2020) Ex vivo LPS-stimulated cytokine production is associated with cortisol curves in response to acute psychosocial stress. <u>Psychoneuroendocrinology</u>. doi.org/10.1016/j.psyneuen.2020.104863 (8 pages). PMID: 32950932
- 22) Giurgescu C, Zhang L, Price M, Dailey R, Frey H, Walker D, Zenk SN, Engeland CG, Anderson CM, Misra DP. (2020) Prenatal cigarette smoking as a mediator between racism and depressive symptoms: The biosocial impact on black births study. <u>Public Health Nursing</u>. 37(5):740-749. PMID: 32734603
- 23) Woo J, Koenig MD, Engeland CG, Kominiarek M, White-Traut R, Yeatts P, Giurgescu C. (2020) Neighborhood disorder predicts lower serum vitamin D levels in pregnant African American women: A pilot study. <u>Journal of Steroid Biochemistry and Molecular Biology</u>. doi.org/10.1016/j.jsbmb.2020.105648 (5 pages). PMID: 32142935
- 24) Jones DR, Smyth JM, Engeland CG, Sliwinski MJ, Russell R, Sin NL, Almeida D, Graham-Engeland JE. (2020) Affect variability and inflammatory markers in midlife adults. <u>Health Psychology</u>. 39(8):655-666. PMID: 32324001
- 25) Yang H*, Engeland CG, King TS, Sawyer AM. (2020) The relationship between diurnal variation of cytokines and symptom expression in mild obstructive sleep apnea. <u>Journal of Clinical Sleep</u> <u>Medicine</u>. 16(5):715-723. PMID: 32029067
- 26) Majd M*, Saunders E, Engeland CG**. (2020) Inflammation and the dimensions of depression: A review. <u>Frontiers in Neuroendocrinology</u>. doi: 10.1016/j.yfrne.2019.100800 (21 pages). PMID: 31654681
- 27) **Engeland CG**.** (2020) Wound healing. In: Gellman MD, Turner JR (Eds.), Encyclopedia of Behavioral Medicine, 2nd edition. New York: Springer. pp. 2360-2366. ISBN: 978-3030399016

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- 28) Lee S, Stone KL, **Engeland CG**, Lane NE, Buxton OM. (2020) Arthritis, sleep health, and systemic inflammation in older men. <u>Arthritis Care and Research</u>. 72(7):965-973. PMID: 31074577
- 29) Knight EL*, Majd M*, Graham-Engeland JE, Smyth JM, Sliwinski MJ, Engeland CG**. (2020) Gender differences in the link between depressive symptoms and *ex vivo* inflammatory responses are associated with markers of endotoxemia. <u>Brain, Behavior, & Immunity Health</u>. doi.org/10.1016/j.bbih.2019.100013 (22 pages). PMID: 34258602
- 30) Slavish DC, Jones DR, Smyth JM, Engeland CG, Song S, McCormack N, Graham-Engeland JE. (2020) Positive and negative affect and salivary markers of inflammation among young adults. <u>International Journal of Behavioral Medicine</u>. 27(3):282-293. PMID: 31222631
- 31) **Engeland CG****, Bosch JA, Rohleder N. (2019) Salivary biomarkers in psychoneuroimmunology. <u>Current Opinion in Behavioral Sciences</u>. 28:58-65. PMID: 32215283
- 32) Slavish DC, Graham-Engeland JE, Engeland CG, Taylor DJ, Buxton OM. (2018) Insomnia symptoms are associated with elevated C-reactive protein in young adults. <u>Psychology and Health</u>. 33(11):1396-1415. PMID: 30358412
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Harrington EE, Gamaldo AA, Sliwinski MJ, Hakun JG, Buxton O, Katz MJ, Derby CA, Foor K, **Engeland CG**, Graham-Engeland JE. Characteristics of discrimination and ambulatory cognitive performance among older Black and White adults. <u>Current Psychology</u>. (Revised and resubmitted)

Woo J, Guffey T, Vaughan S, Wright M, **Engeland CG**, Saadat N, Misra D, Giurgescu C. Vitamin D deficiency as risk factor for preterm birth through inflammatory mediation. <u>Reproductive Sciences</u>. (Under revision)

Kelliher JC, **Engeland CG**, Graham-Engeland JE, Katz M, Shearer GC. Gender and racial/ethnic differences in omega 3 oxylipin composition of HDL: Associations with MCI and dementia risk. <u>Journal of Lipid Research</u>. (Under revision)

Witzel DD, Scott SB, **Engeland CG**, Sliwinski MJ, Smyth JM, Knight EL, Jones DR, Sin NL, Graham-Engeland JE. Understanding the associations between anticipatory stress and cortisol patterns: Findings from the ESCAPE project. <u>Psychoneuroendocrinology</u>.

McDonnell S, Graham-Engeland JE, Sliwinski MJ, **Engeland CG**, Knight EL. Cognotoxemia: Endotoxemia and gender predict changes in working memory performance in healthy adults. <u>Frontiers in</u> <u>Behavioral Neuroscience</u>.

National / International Conferences (* Presenter)

- Saadat N*, Engeland CG, Padmanabhan V, Misra D, Giurgescu C. (2024) Higher levels of per- and polyfluoroalkyl substances (PFAS) are related to higher inflammation in pregnant Black women. (US Developmental Origins of Health and Disease [DOHaD] Society, Chapel Hill, NC)
- Davis KM*, Engeland CG, Zilioli S. (2024) Age, stress, and markers of inflammation among African American adults: Findings from the Heart of Detroit Study. (International Society of Psychoneuroendocrinology [ISPNE], Virtual Conference)
- Engeland CG*, Wright MA, Knight EL, Tennyson RL, Mousavi SL, Buxton OM, Graham-Engeland JE. (2024) Effects of fasting status on plasma concentrations of inflammatory and neurodegenerative biomarkers and hormones in older adults. (Psychoneuroimmunology Research Society [PNIRS], Halifax, Canada)
- Witzel DD*, Engeland CG, Ashley-Douglas S, Tennyson RL, Slavich GM, Graham-Engeland JE. (2024) Racial differences in associations between adversity and inflammation: Findings from the Einstein Aging Study. (PNIRS, Halifax, Canada)
- Wright MA*, Harrington EE, Graham-Engeland JE, Sliwinski MJ, Lipton RB, Katz MJ, Engeland CG. (2024) Associations of interleukin-6 with cognitive functions among older adults: Results from the Einstein Aging Study. (PNIRS, Halifax, Canada)
- McDonnell S*, Graham-Engeland JE, Sliwinski MJ, Engeland CG, Knight EL. (2024) 'Cognotoxemia?' Investigating the relationship between endotoxemia, cognitive functioning, and gender in healthy adults. (PNIRS, Halifax, Canada)
- Engeland CG*, Tennyson RL, Wright MA, Knight EL, Mousavi SL, Buxton OM, Graham-Engeland JE. (2024) Effects of fasting status on blood-based inflammatory biomarkers in older adults. (The Gerontological Society of America [GSA], Seattle WA)
- 8) Zavala DV, Oravecz Z, Graham-Engeland JE, **Engeland CG**, Sliwinski MJ, Veeramah K, Scott SB. (2024) Exploring epigenetic clocks and cognitive change in middle adulthood. (GSA, Seattle WA)
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- 10) Knight EL*, Tennyson RL, Wright MA, Graham-Engeland JE, **Engeland CG**. (2024) Effects of fasting status on plasma endocrine biomarkers in older adults. (GSA, Seattle WA)
- 11) Wright MA*, Harrington EE, Graham-Engeland JE, Sliwinski MJ, Lipton RB, Katz MJ, Engeland CGG. (2024) Inflammation and domain-specific cognitive performance: Results from the Einstein Aging Study. (GSA, Seattle WA)
- Shen Y*, Ji L, Kessler CM, Engeland CG, Buxton OM, Zonderman AB, Evans MK, Gamaldo AA. (2024) Gender and race as moderators between actigraphy sleep and inflammatory markers. (GSA, Seattle WA)
- 13) Mukherjee D*, Wright MA, van Geen C, Hesino M, Yeich A, Saunders E, Engeland CG. (2024) Reinforcement learning and inflammation in major depressive disorder: connecting biomarkers to human behavior. (Association for Behavioral and Cognitive Therapies [ABCT], Philadelphia PA)
- 14) Hampton-Jarmon M*, Simon L, Allan A, Tian J, Davis T, Myers A, Billington C, Buxton OB, Mogle JA, Ross L, Engeland CG, Thorpe R, Zonderman A, Evans M, Gamaldo A. (2024) Recruitment Strategies for underrepresented research participants: lessons learned from the HANDLS Sleep Study (Healthy Aging in Neighborhoods of Diversity Across the Life Span Sleep Study). (Southern

Gerontological Society [SGS], Greenville SC)

- 15) Harrington EE*, Van Bogart K, Graham-Engeland JE, Mogle JA, Katz MJ, Lipton RB, Sliwinski MJ, Engeland CG. (2024) Inflammation and daily memory lapses among older adults in the Einstein Aging Study: Associations by mild cognitive impairment status and gender. (Alzheimer's Association International Conference [AAIC], Philadelphia PA)
- 16) García de la Garza A*, Wang C, Derby CA, Lipton RB, Engeland CG, Katz MJ. (2024) Evaluating the role of kidney function and comorbidities in observed racial/ethnic differences in blood-based biomarkers of neurodegeneration: Results from the Einstein Aging Study (EAS). (AAIC, Philadelphia PA)
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- 18) Woo J*, Guffey T, Vaughan S, Wright MA, Engeland CG, Saadat N, Misra D, Giurgescu C. (2024) Vitamin D deficiency as risk factor for preterm birth through inflammatory mediation. (Society for Reproductive Investigations, Vancouver, Canada)
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- 20) Graham-Engeland JE*, Witzel DD, Harrington EE, Martire LM, Van Bogart K, **Engeland CG**. (2024) The negative affect and pain connection in older adults: The role of social interactions and enjoyment. (American Psychosomatic Society [APS], Brighton, England)
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- 24) Harrington EE*, Graham-Engeland JE, Sliwinski MJ, Mogle JA, Lipton RB, Katz MJ, Engeland CG. (2023) Examining two consecutive years of older adults' everyday prospective memory lapses and inflammation by gender. (GSA, Tampa FL)
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- 32) Cerino ES*, Gamaldo AA, Hyun J, Buxton OM, **Engeland CG**, Katz MJ, Wang C, Derby CA, Lipton RB, Sliwinski MJ. (2023) Within-day variability in mobile cognitive assessments: Associations with mild cognitive impairment and sociodemographic factors. (AAIC, Amsterdam, Netherlands)
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- 37) Lipitz SR*, Harrington EE, **Engeland CG**, Smyth JM, Graham-Engeland JE. (2023) Associations between stress, uncontructive repetitive thought, and affect are moderated by age in a diverse midlife sample. (APS, San Juan, Puerto Rico)
- 38) Wright MA*, Knight EL, Graham-Engeland JE, Engeland CG. (2023) Stability of *ex-vivo* stimulated cytokines varies by subjective health status in a sample of older adults. (APS, San Juan, Puerto Rico)
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- 39) Zhang Z*, Olson A, Dorn L, Engeland CG, Shenk C. (2023) Epigenetic age acceleration and risk for depression and anxiety following exposure to substantiated child maltreatment. (Society for Research in Child Development, Salt Lake City UT)
 Flash talk session
- 40) Nowak A*, Saadat N, Anderson CM, Forsman A, Zhang W, Sun J, Woo J, **Engeland CG**, Misra D, Giurgescu C. (2022). Differential gene expression among African American women with preterm and full-term births. (Council for the Advancement of Nursing Science [CANS] State of the Sciences Congress on Nursing Research: Social and Structural Determinants of Health, Washington DC)

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- 42) Harrington EE*, Graham-Engeland JE, Sliwinski MJ, Katz MJ, Van Bogart K, Mogle JA, Lipton RB, Engeland CG. (2022) Everyday prospective memory lapses and inflammation in older adults. (GSA, Indianapolis IN)
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- 44) Engeland CG*, Katz MJ, Qin J, Wang C, Ashton NJ, Blennow K, Zetterberg H, Graham-Engeland JE, Pavlovic J, Derby CA, Lipton RB. (2022) Blood-based biomarkers for neurodegeneration in non-Hispanic Black and White older adults: Results from the Einstein Aging Study (EAS). (Alzheimer's Association International Conference [AAIC], San Diego CA)
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- 46) Harrington EE*, Gamaldo AA, Sliwinski MJ, Hakun JG, Katz MJ, Derby CA, **Engeland CG**, Graham-Engeland JE. (2022) Characteristics of discrimination and associations with cognition among Black and White older adults. (Cognitive Aging Conference [CAC], Atlanta GA)
- 47) **Engeland CG***, Knight EL, Sliwinski MJ, Graham-Engeland JE. (2022) Practice effects on cognitive performance are attenuated by higher peripheral inflammation: A study in midlife adults. (APS, Long Beach CA)
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- 49) **Engeland CG***, Knight EL, Sliwinski MJ, Graham-Engeland JE. (2021) Interactive effects of age and inflammation on change in ecologically-assessed cognitive functioning. (GSA, Phoenix AZ)
- 50) Knight EL*, Harrington EE, Sliwinski MJ, Graham-Engeland JE, Pavlovic J, **Engeland CG**. (2021) Inflammatory biomarkers and sex hormones interact to predict ecologically-assessed cognitive performance (GSA, Phoenix AZ)
- 51) Vervoordt S*, Arnett P, Engeland CG, Hillary F. (2021) Examining depression as a marker for decline in older adults with a history of moderate to severe traumatic brain injury: Genetic risk, cognitive deficits, and hippocampal volumetric changes. (The International Neuropsychology Society [INS], Virtual Meeting - February 2021)
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- 53) Saadat N*, Lydic T, Padmanabhan V, Engeland CG, Misra D, Giurgescu C. (2021) Lipidome signatures of higher BMI, and systemic inflammation in pregnant African American women. (Fertility, Virtual Meeting - January 2021)
- 54) Knight EL*, Majd M, Graham-Engeland JE, **Engeland CG**. (2020) Depressive symptoms and other negative psychological states predict *ex vivo* inflammatory responses over time: The role of gender.

(APS, Virtual meeting – December 2020) - *Citation poster of high merit*

- 55) Mattern BC*, Marucha PT, **Engeland CG**. (2020) Fear of medical procedures speeds mucosal wound closure. (APS, Long Beach CA)
- 56) Van Bogart K*, Kang JE, **Engeland CG**, Sliwinski MJ, Smyth JM, Graham-Engeland JE. (2020) Exploring the associations between loneliness and inflammation. (APS, Long Beach CA)
- 57) Knight EL*, Majd M, Graham-Engeland JE, Smyth JM, Sliwinski MJ, Lipton RB, Katz MJ, Engeland CG. (2019) Blood endotoxin levels may explain gender differences in the link between depressive symptoms and ex vivo inflammatory responses. (PNIRS, Berlin Germany)
- 58) Song S*, Almeida DM, Majd M, Engeland CG, Demeo N, Graham-Engeland JE. (2019) Depressive symptoms predict levels of inflammation 10 years later and the role of sleep quality: Findings from the Midlife in the United States (MIDUS) study. (Korean Psychological Association, Seoul South Korea)
- 59) Woo J*, Giurgescu C, Koenig MD, Engeland CG, Kominiarek MA, White-Traut R. (2019) Neighborhood disorder predicts lower serum vitamin D levels in pregnant African American women. (International Scientific Conference on Vitamin D, New York City NY)
- 60) Majd M*, Saunders EF, **Engeland CG**. (2019) Inflammation and the dimensions of depression: A review. (American Society of Clinical Psychopharmacology [ASCP], Miami FL)
- 61) Knight EL*, Majd M, Graham-Engeland JE, Smyth JM, Sliwinski MJ, Lipton RB, Katz MJ, Engeland CG. (2018) Stress indirectly links to ex vivo inflammatory responses via depressive symptoms and is moderated by gender. (PNIRS, Miami FL)
- 62) Nowak A, Engeland CG, Zenk SN, Misra DP, Giurgescu C. (2018) Perceptions of neighborhood crime relate to systemic inflammation among pregnant African American women. <u>Western Journal of</u> <u>Nursing Research</u>, 40(10): 1569-1570. PMID: 30188263. (Midwest Nursing Research Society [MNRS], Cleveland OH)- Selected as a Distinguished Abstract
- 63) Giurgescu C, Misra DP, Nowak A, Engeland CG, Zenk, SN. (2018) Perceived neighborhood crime is related to higher serum IL-8 levels in pregnant African American women. (Sigma Theta Tau -International Nursing Research Congress, Melbourne Australia)
- 64) Slavish DC, Graham-Engeland JE, **Engeland CG**, Taylor DJ, Buxton OM. (2018) Insomnia symptoms and stress-related vulnerability to sleep disturbance are associated with elevated inflammation. (APS, Louisville Kentucky)
- 65) Knight EL*, Majd M, Graham-Engeland JE, Smyth JM, Sliwinski MJ, Lipton RB, Katz MJ, Engeland CG. (2018) The link between stress and inflammation is mediated by depressive symptomology and moderated by gender. (APS, Louisville Kentucky)
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- 66) Mathur A*, Sliwinski MJ, Jones DR, **Engeland CG**, Smyth JM, Lipton RB, Katz MJ, Graham-Engeland JE. (2018) Peripheral inflammation and recent physical pain: Moderation by aggregated momentary negative affect. (APS, Louisville Kentucky)
- 67) Majd M*, Greaney JL, Saunders EF, **Engeland CG**. (2018) Inflammatory correlates of specific symptoms of depression. (ASCP, Miami FL)
- 68) Knight EL*, Majd M, Graham-Engeland JE, Smyth JM, Sliwinski MJ, Lipton RB, Katz MJ, Engeland CG. (2018) The stress-inflammation link is mediated by depressive affect and moderated by gender. (Society for Affective Science [SAS], Los Angeles CA)

- 69) **Engeland CG***, Monestero AP, Gajendrareddy PK, Rocha JM, Manos MA. (2017) Higher local and systemic inflammation in periodontal disease does not alter healing rates or inflammatory responses to acute injury. (APS, Sevilla Spain)
- 70) Graham-Engeland JE*, Slavish DC, Smyth JM, **Engeland CG**, Song S, McCormick N. (2017) Positive affect is associated with lower salivary C-reactive protein in young adults with and without chronic pain. (APS, Sevilla Spain)
- 71) Jones DR*, Smyth JM, Sliwinski MJ, **Engeland CG**, Sin NL, Lipton RB, Katz MJ, Almeida D, Graham-Engeland JE. (2017) Positive emotion variability is associated with circulating inflammatory markers. <u>Psychosomatic Medicine.</u> (APS, Sevilla Spain)
- 72) Majd M*, Greaney JL, Saunders EF, **Engeland CG**. (2017) Ex vivo inflammatory response patterns among non-medicated depressed patients. (ASCP, Miami FL)
- 73) Greaney JL*, Engeland CG, Saunders EF, Alexander LM. (2017) Nuclear factor-κB activation contributes to vascular endothelial dysfunction in adults with major depressive disorder. (Society of Biological Psychiatry, San Francisco CA)
- 74) Engeland CG*, Majd M, Graham-Engeland JE, Smyth JM, Sliwinski MJ, Lipton RB, Katz MJ. (2016) Higher depressive symptoms relate to different inflammatory response patterns (*ex vivo*) among men and women. <u>Brain, Behavior, and Immunity</u>. 57 S: e3. (PNIRS, Brighton UK)
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- 76) Majd M*, Graham-Engeland JE, Smyth JM, Sliwinski MJ, Lipton, RB, Katz MJ, Engeland CG. (2016) Gender differences in the relationship between depressive symptoms and LPS-induced inflammation. <u>Psychosomatic Medicine.</u> (APS, Denver CO)
- 77) Graham-Engeland JE*, Sin NL, Smyth JM, Sliwinski MJ, Almeida DM, Lipton, RB, Katz MJ, Engeland CG. (2016) Peripheral inflammatory biomarkers are linked with momentary affect but not global recalled affect. <u>Psychosomatic Medicine.</u> (APS, Denver CO)
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 Abstract of distinction
- 79) Sin NL*, Graham-Engeland JE, Almeida DM, Sliwinski MJ, Smyth JM, Lipton RB, Katz MJ, Engeland CG. (2015) Good moments add up for inflammatory health: Associations of momentary positive events with inflammatory state and responsiveness. <u>Brain, Behavior, and Immunity</u>, 49 S: e17. (PNIRS, Seattle WA)
- 80) Pyter LM*, Husain Y, Calero H, McKim D, Lin H-Y, Sheridan JF, Godbout JP, Engeland CG, Marucha PT. (2015) Dermal wounds alter tumor immunobiology in mice. <u>Brain, Behavior, and</u> <u>Immunity</u>, 49 S: e15. (PNIRS, Seattle WA)
- 81) Ezenwa MO*, Yao Y, Molokie RE, Engeland CG, Wang ZJ, Suarez ML, Zhao Z, Wilkie DJ. (2015) Quantitative sensory testing (QST) and salivary cortisol protocol in adults with sickle cell disease. <u>Western Journal of Nursing Research</u>. (MNRS, Indianapolis IN)

- 82) Ezenwa MO*, Yao Y, Molokie RE, Engeland CG, Wang ZJ, Suarez ML, Zhao Z, Wilkie DJ. (2015) Stress them up, give them pain. The *Tango* relations of stress and pain in sickle cell disease. <u>Western Journal of Nursing Research</u>. (MNRS, Indianapolis IN)
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- 85) Manos MP*, Monestero AP, da Rocha JM, Gajendrareddy PK, Engeland CG. (2015) Oral mucosal healing and inflammation in patients with periodontal disease. (International Asociation for Dental Research [IADR], Boston MA)
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- 86) Engeland CG*, Monestero AP, da Rocha JM, Manos MA, Gajendrareddy PK. (2014) Inflammation, wound healing, and periodontal disease. <u>Brain, Behavior, and Immunity</u>, 40 S: e6-e7. (PNIRS, Philadelphia PA)
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- 89) Qi S*, Munoz E, Graham-Engeland, JE, **Engeland CG**, Smyth JM, Sciegaj M, Sliwinski MJ. (2014) The association between social isolation and chronic disease burden. (Gerontological Society of
- 90) **Engeland CG***, Marucha PT, Manos MP. (2013) Oral mucosal wound healing: Sex differences and inflammation. <u>Brain, Behavior, and Immunity</u>, 32 S: e38. (PNIRS, Stockholm Sweden)
- 91) America, Washington DC) Pyter LM*, Calero H, Marucha PT, **Engeland CG**. (2013) Cancer and stress impair dermal wound healing in mice. (Society for Behavioral Neuroendocrinology, Atlanta GA)
- 92) McKenzie CC*, Pyter LM, Yang L, **Engeland CG**. (2013) Social isolation: Rethinking bacteria's role in stress-impaired wound healing. (IADR, Seattle WA)
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- 95) Engeland CG*, Pyter L, McKenzie C, Yang L. (2012) Novel mechanisms by which social isolation delays dermal wound healing in mice. <u>Brain, Behavior, and Immunity</u>, 26 S1: s21. (PNIRS, San Diego CA)
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- 100) Gyllenhaal KA*, **Engeland CG**, Vecchio JC, Fischer DJ. (2012). Salivary biomarker concentrations in patients with intraoral lesions and controls. (IADR, Tampa FL)
- 101) Yang L*, Marucha PT, **Engeland CG**. (2011) Isolating mice slows wound healing. <u>Brain,</u> <u>Behavior, and Immunity</u>, 25 S2: s192. (PNIRS, Chicago IL)
- 102) Giurgescu, C*, Sanguanklin N, **Engeland CG**, White-Traut RC, Mathews HL, Witek-Janusek L (2011) Relationships among psychosocial factors, biomarkers, gestational hypertension, and preterm birth in African American women. (World Congress on Controversies in Obstetrics, Gynecology and Infertility [COGI], Paris France)
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- 108) Yang L, Carter S, Marucha PT, **Engeland CG***. (2010) Oxytocin speeds healing in stressed mice. Brain, Behavior, and Immunity, 24 S2: s38. (PNIRS, Dublin Ireland)
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- 115) Swayamprakasam, L*, Marucha PT, Engeland CG. (2009) Oral mucosal wound healing: Effect of psychological stress on gene expression for angiogenic factors. (Volpe Prize Competition, Columbus OH)

- National Finalist for Best Clinical Research in Periodontology

- 116) Diab H*, Marucha PT, Engeland CG. (2009) Older individuals exhibit early delays in gene expression in wounded oral mucosal tissue: A possible mechanism for age-impaired healing (ADA, Honolulu HI). - National Finalist for DENTSPLY/Caulk Student Clinician Research Award
- 117) **Engeland CG***, Fang Z, Marucha PT. (2008) University examinations cause hyper-inflammation of mucosal tissues. <u>Brain, Behavior, and Immunity</u>, 22(4) S1: s28 (PNIRS, Madison WI)
- 118) Zyaei B*, **Engeland CG**, Marucha PT. (2008) Mucosal wound healing: The relationship with human sex hormones. <u>Brain, Behavior, and Immunity</u>, 22(4) S1: s29 (PNIRS, Madison WI)
- 119) Marucha PT*, Crosby TR, Bosch JA, **Engeland CG.** (2008) Gender, aging, stress, and salivary growth factors in mucosal wound healing. <u>Brain, Behavior, and Immunity</u>, 22(4) S1: s44 (PNIRS, Madison WI)
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- 124) **Engeland CG*,** Marucha PT. (2007) Biomarkers in blood predict wound healing rates. <u>Brain,</u> <u>Behavior, and Immunity</u>, 21(4) S1: (PNIRS, Arcachon France)
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- 136) Regis LA*, **Engeland CG**, Bosch JA, Cacioppo JT, Marucha PT. (2005) Depression symptom scores predict altered pro-inflammatory cytokine release and glucocorticoid resistance in non-depressed individuals. <u>Brain, Behavior, and Immunity</u>, 19(4) S1: e60-e61 (PNIRS, Denver CO)
- 137) Sharma R, Engeland CG, Fang Z, Marucha PT*. (2005) Excessive inflammation in females and older adults: relationship to delayed mucosal wound healing. <u>Brain, Behavior, and Immunity</u>, 19(4) S1: e64 (PNIRS, Denver CO)
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- 164) **Engeland CG***, Ossenkopp K-P, Kavaliers M. (2000) Reproductive status affects the development of behavioral tolerance to lipopolysaccharide in female, but not male meadow voles: A multivariate assessment of locomotor activity. (IBNS, Denver CO)
- 165) **Engeland CG***, Ossenkopp K-P, Kavaliers M. (1999) Singular and interactive effects of lipopolysaccharide and muramyl dipeptide on locomotor activity in female rats. (IBNS, Nancy France)
- 166) Engeland CG*, Kavaliers M, Ossenkopp K-P. (1999) Changes in spontaneous locomotion induced by gram-negative and gram-positive bacterial compounds in female rats. <u>SFN Abstracts</u>, 25(2): 1446. (SFN, Miami Beach FL)
- 167) **Engeland CG***, Ossenkopp K-P, Kavaliers M. (1999) Singular and interactive effects of lipopolysaccharide and muramyl dipeptide on locomotor activity in female rats. (IBNS, Nancy France)
- 168) Engeland CG*, Ossenkopp K-P, Kavaliers M. (1998) Singular and interactive effects of lipopolysaccharide and muramyl dipeptide on locomotor behavior in rats. <u>SFN Abstracts</u>, 24(2): 2075. (SFN, Los Angeles CA)
- 169) Engeland CG*, Ossenkopp K-P, Kavaliers M. (1998) The effects of lipopolysaccharide and muramyl dipeptide on open field behaviour in rats. <u>Journal of Neuroimmunology</u>, 90(1): 39. (International Society of Neuroimmunology, Montreal PQ)
- 170) **Engeland CG***, Ossenkopp K-P, Kavaliers M. (1998) The effects of bacterial agents on open field behaviour in rats. (Brain, Behaviour and Cognitive Sciences, Ottawa ON)
- 171) **Engeland CG***, Ossenkopp K-P, Kavaliers M. (1998) The effects of lipopolysaccharide (LPS) and muramyl dipeptide (MDP) on open field activity in rats. (IBNS, Richmond VA)

CONFERENCE SYMPOSIA (* Presenter)

Fredman SJ*, Gamaldo AA, Jenkins AIC, Hall-Clark BN, Le Y, Mogle JA, Monson CM, Gamaldo CE, Thorpe RJ, Blount TH, Fina BA, Buxton OM, **Engeland CG**, Rhoades GK, Stanley SM, Macdonald A, Dondanville KA, Taylor DJ, Pruiksma KE, Litz BT, Young-McCaughan S, Yarvis JS, Keane TM, Peterson AL. (2024) An initial examination of couple therapy for PTSD outcomes among Black Americans: Findings from an uncontrolled trial of intensive, multi-couple group treatment of PTSD with miliary dyads. In Varma S (Chair): *Getting better together: Couple interventions for individual psychopathology*. (Association for Behavioral and Cognitive Therapies, Philadelphia PA)

Rummel C, **Engeland CG**, Bailey M, Antonson A, Ford B, Hansson L. (2024) (Chairs) *Educational Short Course: Diversity in PNI Related Research, Methods, and Career Paths.* (PNIRS, Halifax NS)

Engeland CG. Presidential Symposium. *Diversity in PNI Research.* (2024) Chair, Discussant. (PNIRS, Halifax NS)

Engeland CG*, Wright MA, Tennyson RL, Knight EL, Graham-Engeland JE. (2024) Inflammatory biomarkers in older adults: Stability, correlations, and components. In Reed R (Chair): *Methodological and Measurement Considerations and Innovations in Aging Biomarkers*. (APS, Brighton England)

Van Bogart K*, Witzel D, **Engeland CG**, Graham-Engeland JE. (2023). The role of mild cognitive impairment and marital status on the association between loneliness and intrusive thoughts among older adults in everyday life. In Witzel D (Chair): Using Intensive Repeated Measurement to Determine the Emotional Consequences of Negative Relationship Experiences. (GSA, Tampa FL)

Engeland CG* (*Invited speaker*) (2023) The importance of controlling, visualizing, and analyzing influential variables. *Educational Short Course: Understanding and Accounting for Influential Variables in PNI Research*. (PNIRS, Boulder CO)

Engeland CG* (*Invited speaker*) (2022) Pros and cons of performing research at an intersection of multiple disciplines. In Johnson KB (Chair): *Building and Leveraging Community Partnerships that Embrace Diversity, Enrich Discovery, and Reimagine Aging.* Emerging Scholars and Professional Organization (ESPO) Presidential Symposium. (GSA, Indianapolis IN)

Engeland CG* (*Chair*) (2021) *Preventing cognitive aging and dementia.* (Academy of Behavioral Medicine Research [ABMR], Scotts Valley CA)

Graham-Engeland JE*, **Engeland CG**, DeMeo N, VanBogart K. (2021) Negative mood in daily life as a predictor of inflammation: A stress story. In Graham-Engeland JE (Chair): *The interaction between cortisol and the immune system in health and disease*. (Invited plenary session for the International Society of Psychoneuroendocrinology [ISPNE], Virtual Conference)

Engeland CG* (*Discussant*) (2020) In Szabo YZ, Slavish DC (Co-Chairs): Stress, health, and salivary markers of inflammation: An update and opportunities for future research. (American Psychosomatic Society [APS], Long Beach CA)

Knight EL*, Majd M, Graham-Engeland JE, Smyth JM, Sliwinski MJ, **Engeland CG**. (2020) Gender differences in the link between depressive symptoms and ex vivo inflammatory responses are associated with markers of endotoxemia. In Juster R-P (Chair): *Gendered adrenals and guts?: Sex and gender roles in relation to cortisol reactivity and microbiome health.* (APS, Long Beach CA)

Engeland CG*, Marucha PT, Gajendrareddy PK. (2018) Stress, inflammation, and mucosal tissue repair. In Broadbent E (Chair): *How stress affects wound healing: Hormones, cytokines, gene expression, and immune cells*. (International Congress of Behavioral Medicine [ICBM], Santiago Chile)

Engeland CG*, Smyth J, Slavish D, Graham JE. (2013) Lessons learned from the bench: Relating

salivary to blood-based inflammatory markers. In Graham JE (Chair), **Engeland CG**, Smyth J (Co-Chairs): *Beyond salivary cortisol: Salivary biomarkers of immune function and stress at the cutting edge*. (APS, Miami FL)

Engeland CG*, Yang L, Pyter LM, McKenzie C. (2012) Isolation stress: Rethinking the mechanisms of stress-impaired healing. In Walker FR (Chair): *Stress, inflammation, neuroinflammation and behavior: Causes, consequences and treatment.* (International Behavioral Neuroscience Society [IBNS], Kona HI)

FEATURED SPEAKER - NATIONAL

- 2023: **Cognitive decline and dementia risk in older adults.** (Seminar Series, Center of Geriatric Nursing Excellence, University Park PA)
- 2022: The quest for early detection in Alzheimer's disease: What blood-based biomarkers and cognitive tests might tell us. (Institute of Gerontology: Research Colloquium and Professional Development Seminar Series, Wayne State University, Detroit MI)
- 2022: **The utility of blood- and saliva-based biomarkers in biomedical research.** (Center of Geriatric Nursing Excellence, University Park PA)
- 2019: **Psychological stress, wound healing, and mucosal immunity.** (Children's Research Institute, Children's Hospital of Wisconsin, Milwaukee WI)
- 2018: Psychological stress and wound healing. (Psychology Dept., University of Texas, El Paso TX)
- 2016: **The effects of psychological stress on wound healing and mucosal immunity.** (Family Medicine Seminar Series, Mount Nittany Medical Center, State College PA)
- 2015: Things the oral cavity can tell us about mucosal and systemic immunity. (Regenerative Sciences Seminar, Center for Wound Healing, UIC, Chicago IL)
- 2015: **Stress and inflammation: Interpreting measures from the oral cavity.** (Institute for Behavioral Medicine Research, Ohio State Wexner Medical Center, Columbus OH)
- 2015: Stress and inflammation: What can we learn from wound healing and saliva? (Noll Seminar Lecture, PSU, University Park PA)
- 2015: Differentiating between types of dementia: What if it's not Alzheimer's? (Geriatric Interest Network – Spring Conference, Altoona PA)
- 2015: **Biodemography of exceptional longevity.** (22nd Annual Methodology Workshop – Population Research Institute, PSU, University Park PA)
- 2015: **Mucosal immunology and tissue repair.** (Risk of Adolescence & Mucosal Injury in HIV Susceptibility, NIH/NIAID Workshop, Rockville MD)
- 2014: Influence of stress, inflammation, and gender on surgical wound healing. (American Association of Endodontists (AAE) Annual Meeting, Washington DC)
- 2014: Stress and wound healing. (CHHD/CON Seminar Series, PSU, University Park PA)
- 2013: Stress, inflammation, and tissue repair. (Dept. Microbiology & Immunology, Milton S. Hershey Medical Center, Hershey PA)
- 2013: Psychological stress: Effects on inflammation and tissue repair.

(Dept. Microbiology & Immunology, Loyola University, Chicago IL)

- 2013: Psychological stress & tissue repair. (Dept. Anatomy & Cell Biology, Rush Hospital, Chicago IL)
- 2013: Stress, inflammation and wound healing. (Wound Healing Center, UIC, Chicago IL)
- 2012: Inflammation, stress, and healing. (Dept. of Physical Therapy, UIC, Chicago IL)
- 2010: Factors which modulate mucosal healing. (Advances in Cancer Detection & Therapeutics, Seminar Series, Northern IL Univ., DeKalb IL)
- 2009: Health disparities in oral mucosal healing. (Chicago Section of the IADR, Chicago IL)
- 2009: Health disparities in oral mucosal healing. (Behavior & Health Seminar Series, UIC, Chicago IL)
- 2007: **Oral wound healing: Stress and inflammation.** (Academy of Behavioral Medicine Research, Park City UT)
- 2007: Stress and wound healing. (Kinesiology & Nutrition, Departmental Series, UIC, Chicago IL)

FEATURED SPEAKER - INTERNATIONAL

- 2021: How stress affects tissue repair and immunity in the oral cavity. (Department of Periodontics and Oral Medicine, University of Pretoria, Pretoria, South Africa)
- 2018: Effects of social isolation on wound healing and immunity in male and female mice. (Swiss Laboratory Animal Science Association [SGV], Lausanne Switzerland)
- 2009: Stress and mucosal healing. (Children's Hospital, Dept. of Immunology, Utrecht, Netherlands)
- 2008: **Stress, age, gender: Modulation of mucosal healing.** (Universidade Federal do Rio Grande do Sul, School of Dentistry, Porto Alegre, Brazil)

MEDIA COMMENTARY

- Science Daily: Psychosocial stressors linked to higher inflammation in Black pregnant women. March 6, 2024 https://www.sciencedaily.com/releases/2024/03/240306150529.htm
- PsyPost article on depression, sleep quality, and inflammation. Sept 4, 2022 https://www.psypost.org/2022/09/impaired-sleep-quality-may-help-explain-the-long-term-effectsof-depressive-symptoms-on-inflammation-63852
- Interviewed as scientific expert for Altoona Mirror Vaccines important as one ages. Feb 4, 2018
- Interviewed on Alzheimer's disease for WTAJ-TV News Healthcast. Aired April 24, 2015
- Interviewed as scientific expert for Labrinth on Dutch TV network VPRO. Aired April 14, 2013
- Interviewed as scientific expert for Bottom Line's Daily Health News. July 16, 2009
- Interviewed as scientific expert for Health magazine. Article in Issue: June 2007, p. 90

PROFESSIONAL MEMBERSHIPS (INTERNATIONAL SOCIETIES)

Fellow of the Academy of Behavioral Medicine Research (ABMR)	2019 - Present
American Psychosomatic Society (APS)	2010 - Present
Federation of Associations in Behavioral and Brain Sciences (FABBS)	2019 - Present

ENGELAND, CG

Gerontological Society of America (GSA)	2020 - Present
International Behavioral Neuroscience Society (IBNS)	1998 - Present
International Society of Behavioral Medicine (ISBM)	2019 - Present
International Society to Advance Alzheimer's Research and Treatment (ISTAART)	2022 - Present
Psychoneuroimmunology Research Society (PNIRS)	1999 - Present
Society for Neuroscience (SFN)	1998 - Present
Wound Healing Society (WHS)	2008 - Present
EDITORIAL BOARD (IF = impact factor)	
Brain, Behavior, & Immunity - Health (IF 3.7)	2019 - Present
Brain, Behavior, and Immunity (IF 8.8)	2016 - Present
Health Psychology (IF 3.46)	2011 - 2014
Encyclopedia of Behavioral Medicine As an author of a section in this Encyclopedia (Editions I and II), I serve as a consulting editor.	2012 - Present

SCIENTIFIC REVIEWER (Ad hoc) (46 journals)

Aging and Mental Health; AIDS Care; Behavioural Brain Research; Biological Psychology; Brain, Behavior, and Immunity; Brain, Behavior, & Immunity - Health; Brain Sciences; British Journal of Health Psychology; Cellular and Molecular Life Sciences; Clinical and Experimental Pharmacology and Physiology; European Journal of Integrative Medicine; Frontiers in Immunology; Frontiers in Surgery; Health Psychology; Hormones and Behavior; Human Immunology; International Journal of Behavioral Medicine; International Journal of Neuropsychopharmacology; International Journal of Psychophysiology; Journal of Affective Disorders; Journal of Cell Biology; Journal of Dental Education; Journal of Endocrinology; Journal of Gerontology: Psychological Sciences; Journal of Integrative Neuroscience; Journal of Neuroimmunology; Journal of Psychosomatic Research; Journal of Wound Care; Nature Reviews Immunology; Neurobiology of Aging; Neuroimmunomodulation; Obesity; OBM-Neurobiology; Oxford Bibliographies in Psychology; Pharmacology, Biochemistry and Behavior; Physiology & Behavior; PLOS ONE; Proceedings of the National Academy of Sciences; Psychoneuroendocrinology; Psychophysiology; Psychosomatic Medicine; Scientific Reports; Vaccine; Western Journal of Nursing Research; Women's Health Issues; Wound Repair and Regeneration

GRANT REVIEWS – REGIONAL

Penn State University Commonwealth Campus

Faculty Grant Writing Workshop (2021)

Penn State University Clinical and Translational Science Institute (CTSI) – Grant applications (2016, 2023)

Fellowship Review – UIC Chancellor's Graduate Research Fellowship applications, Graduate College (2011, 2012)

GRANT REVIEWS - NATIONAL

NIH NIA Grant Review Panel – Collaborative Multicomponent Award Review of NIH U19 renewal application (2023, 2024 [revision])

NIH NIA Grant Review Panel - Special Emphasis

Review of applications submitted in response to PAR-20-070 and PAR-20-071: "Development and Utilization of Research Infrastructure for Interdisciplinary Aging Studies" (2022)

NASA Johnson Space Center, Human Research Program (Artemis Mission)

Merit evaluation and logistical design feedback of NASA's plan to assess astronaut immunity, via saliva and blood bio samples, during manned missions to the Moon and eventually Mars (2021, 2022)

Pre-review (NIH R01) – Center for Wound Healing and Tissue Regeneration, UIC (2022)

Department of Defense Military Operational Medicine Research Program (MOMRP) Review Panel Review of applications for Psychological Health and Readiness (PHR) of the 2021 MOMRP (2020)

NIH NIAID Grant Review Panel

Review of applications submitted under RFA "Risk of Adolescence and Injury in HIV Susceptibility" (2016)

Department of Defense Gulf War Illness (GWI) Review Panel

Review of applications for GWI Clinical Partnership, Epidemiology, and Treatment Evaluation (2016)

NIH Steering Committee

Office of Research on Women's Health (ORWH): 2009

GRANT REVIEWS - INTERNATIONAL

Research Institute of Medical and Health Sciences, University of Sharjah, United Arab Emirates Project Grant applications (2022)

Committee on Research and Development, Education University of Hong Kong Research Grants Council's General Research Fund / Early Career Scheme applications (2016)

Auckland Medical Research Foundation, New Zealand

Project Grant applications (2014)

SERVICE TO SOCIETIES * Founded this annual research conference.

Past President (Elected) President (Elected) President-Elect (Elected) Executive Committee (Elected) Board of Directors (Elected) Constitutions & Bylaws Committee (Elected)	Psychoneuroimmunology Research Society (PNIRS) 2024-2025 PNIRS 2023-2024 PNIRS 2022-2023 PNIRS 2022-2025 PNIRS 2015-2018, 2022-2025 PNIRS 2022-2025
Nominations Committee (Chair) Constitutions & Bylaws Committee (Chair) Board of Directors (Chair) Executive Committee (Chair) Scientific Affairs Committee (Chair) Membership Committee (Chair)	PNIRS 2024-2025 PNIRS 2024-2025 PNIRS 2023-2024 PNIRS 2023-2024 PNIRS 2023-2024 PNIRS 2022-2023
Scientific Affairs Committee Financial Committee Membership Committee Training Committee	PNIRS 2005-2007, 2010-2011, 2016-2017, 2022-2025 PNIRS 2012-2015, 2022-2025 PNIRS 2016-2018 PNIRS 2015-2017, 2023-2024

Membership & Communications Committee		Intl. Behavioral Neuroscience Society (IBNS) 201	2-2015	
Scientific Program Committee Student Representative (Elected)		American Psychosomatic Society (APS) 2009 IBNS 2001-2002		
Local Organizer	18 th Annual Meeti	ng of the PNIRS, Chicago IL, June 8-11 2011		
3 rd Annual Illinois E		Brain Behavior & Immunity Meeting, Chicago IL, D Brain Behavior & Immunity Meeting, Chicago IL, D Brain Behavior & Immunity Meeting, Chicago IL, D	Dec 3-4 2010	
COMMITTEE POSITI	ONS * Founded t	nis annual (ongoing) research event.		
University - Member Penn State Clinical a Educational Advisor	and Translational	Science Institute (CTSI)	2025-2026	
Collogo Chair				
Biological and Life		PSU College of Health and Human Development: PSU College of Health and Human Development:		
Sciences Research Group Post-Doctoral Research Forum (Sole Organizer - Monthly)		UIC College of Dentistry, 2005-2008		
<u>College – Member</u> Promotion and Tenu Review Committee	ire Committee	PSU College of Health and Human Development:	2023-2025	
of the Biomarker Co Nursing Research	re Laboratory	PSU College of Health and Human Development: PSU College of Nursing: 2014-Present	2022-2023	
PhD Council		PSU College of Nursing: 2015-2021		
MSN Council		PSU College of Nursing: 2015-2021		
Graduate Affairs Co		PSU College of Nursing: 2014-2019		
Sabbatical Leave Review Committee				
Search Committee –		PSU College of Health and Human Development:		
Task Force – Center Individualizeed Heal		PSU College of Health and Human Development:	2017	
Research and Interv				
Search Committee –		PSU College of Nursing: 2014		
Executive Committe		UIC College of Dentistry: 2010-2012, 2012-2013		
Faculty Bylaws Ad H		UIC College of Dentistry: 2011-2013		
Diversity Advisory C		UIC College of Dentistry: 2011-2013		
Diversity Standards		UIC College of Dentistry: 2008-2011	0004 0000	
Graduate Affairs Co Student Representa		University of Western Ontario (UWO): 2000-2001	, 2001-2002	
Department – Chair				
Search Committee – (BBH-Huck Neuroto)		PSU Dept. Biobehavioral Health: 2022-2023		
Search Committee – (Substance Abuse)		PSU Dept. Biobehavioral Health: 2018-2019		
Research Committee		PSU Dept. Biobehavioral Health: 2017-2019, 202	0-2021	
Founder's Day Com		PSU Dept. Biobehavioral Health: 2015-2019		
Colloquium Commit	tee (BBH 590)	PSU Dept. Biobehavioral Health: 2014-2017		

Department – Member	
Founder's Day Committee*	PSU Dept. Biobehavioral Health: 2024-2025
Colloquium Committee (BBH 590)	PSU Dept. Biobehavioral Health: 2024-2025
Diversity Committee	PSU Dept. Biobehavioral Health: 2022-2023
Graduate Program	PSU Dept. Biobehavioral Health: 2021-2022
Research Committee	PSU Dept. Biobehavioral Health: 2016-2017
Undergraduate Program Committee	PSU Dept. Biobehavioral Health: 2013-2017, 2023-2024
Advisory Committee (Elected)	PSU Dept. Biobehavioral Health: 2016
Executive Committee (Elected)	PSU Dept. Biobehavioral Health: 2014-2015
Search Committee – Open Rank	PSU Dept. Biobehavioral Health: 2014
Graduate Studies Committee	UIC Program of Neuroscience: 2009-2013

AWARDS AND COMPETITIVE SCHOLARSHIPS (* Canadian dollars)

Name of Award	Value/Year	Туре	Location	Held/Awarded
Janet Williamson Award for Excellence in Teaching (Nursing)		Institutional	PSU	04 / 2021
Journal of Midwifery & Women's Health Best Research Article of the Year	1	International	PSU	05 / 2016
Faculty Scholarship Award (Research)	\$1,000	Institutional	UIC	02 / 2013
PNIRS Research Scholars Award PNIRS Research Scholars Award	\$1,000 \$1,000	International International	UIC UIC	06 / 2005 05 / 2004
1st Place Postdoctoral Research	\$ 150	Institutional	UIC	02 / 2004
IBNS Research Scholars Award IBNS Research Scholars Award IBNS Research Scholars Award	\$1,000 \$1,000 \$ 500	International International International	UWO UWO UWO	06 / 2002 04 / 2001 04 / 2000
Accuscan SFN Research Award Accuscan SFN Research Award Accuscan SFN Research Award	\$ 200 \$ 200 \$ 200	International International International	UWO UWO UWO	11 / 2001 11 / 2000 11 / 1999
Ontario Graduate Scholarship (OGS) – plus tuition waver	\$15,000* \$11,859* \$11,859*	Provincial Provincial Provincial	UWO UWO UWO	2001-2002 2000-2001 1999-2000
Ontario Graduate Scholarship in Science and Technology (Both declined in place of OGS)	\$15,000* \$15,000*	Provincial Provincial	UWO UWO	2000-2001 1999-2000

<u>SUPERVISORY/MENTORING HISTORY</u> (Sections are in chronological order)

Trainee	Institution	Project or Position	Field of Study
Undergraduate Stud	ents (Thesis or	Independent Study only):	
* Anna Capria	PŚU	Schreyer Honors Thesis	Biobehavioral Health
* Marlisa J. Shaw	PSU	Schreyer Honors Thesis	Eberly College of Science
Andrew Franklin	UWO	Undergraduate Thesis	Neuroscience
Julia Flook	UWO	Independent Study	Neuroscience

Sara Little Daniel Nielsen Kashif Zaki Desmond Cheung	UWO UWO UWO UWO	Independent Study Undergraduate Thesis Undergraduate Thesis Undergraduate Thesis	Neuroscience Neuroscience Neuroscience Neuroscience
Graduate Students: * Tanvi Tomar * Claudette Kessler Leila Mousavi * Angelica Hutchinson + Zachary Zang + Riki Slayday * Molly Wright * Brooke Mattern ² + Emily Jones ¹ + Emily Dove-Medows + Jinshil Hyun ² + Hyunju Yang ¹ + Lisa Shank ¹ * Marzieh Majd ^{2,3} Ritu Sharma Lara Regis Antonia Savarese James Chou Sari Anderson Andrew Franklin	PSU PSU PSU PSU PSU PSU PSU PSU Wayne State PSU PSU Wash. DC PSU UIC UIC UIC UIC UIC UIC UIC UWO UWO	PhD Student PhD Student PhD student (summer GRA) PhD Student (T32) PhD Student (T32) PhD Student (T32) PhD Student (T32) PhD Student (F31) PhD Student (F31) PhD Student (T32) PhD Student (F31) PhD Student (F31) PhD Student (F31) PhD Student (F31) PhD Student Master's Thesis Master's Thesis Independent Study Master's Thesis	Biobehavioral Health Biobehavioral Health Biobehavioral Health Biobehavioral Health Child Maltreatment Science Center for Healthy Aging Biobehavioral Health Biobehavioral Health Nursing Center for Healthy Aging Nursing Medicine & Clinical Psychology Biobehavioral Health Bioengineering Oral Sciences Neuroscience Oral Biology Neuropsychology
Medical Students: + Liane Hunter ¹ Jon Friedstat ¹ Donnie Rivera ¹ * Hiba Diab ^{1,2} * Houman Ebrahimi * Patty Casey * Cassandra McKenziei * Marc Manos ^{1,2} UIC Kelley Gyllenhaal ^{1,2} * Sara Mahmood * Shohreh Raouf ²	Bronx NY UIC UIC UIC UIC 2 UIC UIC UIC UIC UIC UIC	MD Student (F31) James Scholar Research Independent Study Summer Dental Research Summer Dental Research Summer Dental Research Summer Dental Research Summer Dental Research Summer Dental Research Summer Dental Research	Medicine (Einstein Med. Coll.) Medicine (Surgery) Dentistry Dentistry Dentistry Dentistry Dentistry Dentistry Dentistry Dentistry Dentistry Dentistry
<i>Medical Residents:</i> * Andrew Monestero * Logesh Swayamprakasam ² Bahareh Sabzehei ¹ Jeffrey Burke ¹ Tricia Crosby	UIC UIC UIC UIC UIC	Master's Thesis Master's Thesis Master's Thesis Master's Thesis Master's Thesis	Oral Sciences (Periodontics) Oral Sciences (Periodontics) Oral Sciences (Periodontics) Oral Sciences (Periodontics) Oral Sciences (Periodontics)
International Scholars + Gustavo Nascimento * Linglan Yang ² + Roger Junges + Jose M. da Rocha		nship): Research Scholar (12 wks) PhD Research (2 yrs) Research Scholar (6 wks) PhD Research (1 yr)	Dentistry (Brazil) Oral Sciences (China) Dentistry (Brazil) Oral Sciences (Brazil)

Post-doctoral Fellows / Research Assistant Professors:

* Brett Messman	PSU	Post-Doctoral Fellow (T32)	Center for Healthy Aging

ENGELAND, CG

* Julie Kircher	PSU	Post-Doctoral Fellow	Biobehavioral Health
* Jee Eun Kang	PSU	Post-Doctoral Fellow	Center for Healthy Aging
+ Maria Kurth	PSU	Post-Doctoral Fellow (T32)	Center for Healthy Aging
* Robert Tennyson	PSU	Post-Doctoral Fellow	Biobehavioral Health
+ Dakota Witzel	PSU	Post-Doctoral Fellow (T32)	Center for Healthy Aging
* Erin Harrington ⁴	PSU	Post-Doctoral Fellow	Biobehavioral Health
+ Suzanne Hyer	UCF	Post-Doctoral Fellow (F32)	Nursing, Univ. Central Florida
* Erik Knight ^{1,4}	PSU	Post-Doctoral Fellow (T32)	Center for Healthy Aging
+ Nancy Sin ^{1,5}	PSU	Post-Doctoral Fellow (F32)	Biobehavioral Health
+ Anna Stanhewicz ^{1,4}	PSU	Post-Doctoral Fellow (K99/R00)	Kinesiology
* Leah Pyter ^{2,5}	UIC	Research Assistant Professor	Psychoneuroimmunology

Tenure-track Faculty:

Yvette Szabo	Cal State	Assistant Professor	Psychology
Samuele Zilioli	Wayne State	Assistant Professor	Psychology
+ Dahlia Mukherjee ^{1,2}	PSU	Assistant Professor	Psychiatry (Hershey)
^ Autumn Kujawa ²	PSU	Assistant Professor	Psychiatry (Hershey)
+ Aprile Benner	Austin TX	Assistant Professor	HDFS (Univ. Texas at Austin)

- * Primary mentor
- + Secondary mentor
- ^ Consultant

¹National/International award recipient (based on mentored research)

- ²Regional award recipient (based on mentored research)
- ³Recipient of the prestigious Penn State Alumni Association Dissertation Award
- ⁴ Now a tenure-track faculty member

⁵ Now a tenured faculty member

NIH TRAINING PROGRAMS

Faculty Mentor – NIH T32 Training Grant - Child Maltreatment Science	2020 - Present
Faculty Mentor – NIH T32 049676 Training Grant - Center for Healthy Aging	2015 - Present
Faculty Mentor – NIH R25 HL147668 Training Program - College of Nursing	2019 - 2024

GRADUATE EXAMINATION COMMITTEES (* Chair)

Candidacy/Qualifying/Preliminary Examination Committee (PhD):

Claudette Kessler*	PSU - BBH
Caitlin Givens	PSU - BBH
Molly Wright*	PSU - BBH
Lauren Chu	PSU - BBH
Brooke Mattern*	PSU - BBH
Marzieh Majd*	PSU - BBH
Francisco Alejandro Montiel-Ishino	PSU - BBH
Mateusz Wietecha	UIC - Neuroscience
William Kenkel	UIC - Oral Sciences

Comprehensive Examination Committee (PhD):

Lauren (Chu) Petri	PSU - BBH
Caitlin Givens	PSU - BBH
Molly Wright*	PSU - BBH
Haley Guffey	PSU - Integrative/Biomedical Physiology
Samantha Vervoordt	PSU - Clinical Psychology

Julia Kelliher Brooke Mattern* Kristin Davis Emily Jones Marzieh Majd* Francisco Alejandro Montiel-Ishino Hyunju Yang

Dissertation Examination Committee:

Lauren Petri (PhD) Caitlin Givens (PhD) Yo-Jen Liao (PhD) Kristin Davis (PhD) Brooke Mattern (PhD)* Julia Kelliher (PhD) Samantha Vervoordt (MS) Emily Jones (PhD) Marzieh Majd (PhD)* Hyunju Yang (PhD) Andrew Monestero (MS) Whitney Dunn-Weiner (MS) William Kenkel (PhD) Logesh Swayamprakasam (MS)* Bahareh Sabzehei (MS) Lara Regis (MS) Tricia Crosby (MS) Jeffrey Burke (MS)

TEACHING (FACULTY MEMBER)

PSU - BBH **PSU - College of Nursing** PSU - BBH PSU - BBH **PSU - College of Nursing** PSU - BBH PSU - BBH **PSU - Nutritional Sciences PSU - Neuroscience** PSU - BBH PSU - BBH PSU - College of Nursing **UIC** - Periodontics **UIC - Periodontics** UIC - Psychology **UIC - Periodontics UIC - Periodontics UIC - Periodontics UIC - Periodontics**

PSU - Nutritional Sciences

UIC - Periodontics

Course Instructor – PSU (* Created course) Functional and Integrative Neuroscience (BBH 470) * Neuropathology & Neuroimaging (NURS 597a: Special Topics - Graduate) Neuroanatomical Bases for Disorders of Behavior and Health (BBH 468) * Biology of Aging (BBH 597: Special Topics – Graduate) Biobehavioral Aspects of Stress (BBH 432)	2021 2015, 2018, 2021 2014, 2015, 2017, 2019, 2023 2018, 2022, 2024 2016
Student Mentoring for Course Credit – PSU Research Project (BBH 494) Independent Studies (BBH 496) Individual Studies - Graduate (NURS 596)	2014-2016, 2019-2021 2016 2015
Guest Lecturer – PSU Professional Development in BBH (BBH 597) Orientation to Graduate Study in BBH (BBH 597) Biobehavioral Aspects of Aging (BBH 497 005) Research Integrity & Scholarly Ethics (RISE 597) Biobehavioral Systems in Health and Development (BBH 503) Biobehavioral Aspects of Stress (BBH 432) Research Colloquium (NURS 590) Interdisciplinary Integration in Biobehavioral Health (BBH 311) Quantitative Methods in Health Research (NURS 586)	2018-2019, 2021, 2023 2017-2021 2017-2019 2019 2016-2019 2016, 2017 2015 2014, 2015 2014

Course Director & Instructor – UIC Statistics for Oral Sciences (OSCI 441) Statistics for Dental Residents (OSCI 594) Introduction to Quantitative Data Analysis (MHPE 494)	2013 2009-2012 2008
Course Director – UIC Oral Science Seminar Series (OSCI 595)	2012-2013
Course Facilitator – UIC Small Group Learning [SGL] – Dental Undergraduate Students Applied Oral & Behavioral Sciences III (DAOB 311) Applied Oral & Behavioral Sciences II (DAOB 311) Biomedical & Clinical Sciences IV (DBCS 314) Biomedical & Clinical Sciences I (DBCS 311) Applied Oral & Behavioral Sciences I (DAOB 311)	2013 2012 2012 2012 2011 2011
Course Lecturer in Immunology – UIC Content Expert in Immunology – UIC	2012-2013 2012-2013
Guest Lecturer – UIC	

Introduction to Clinical and Translational Science (HON 201) Topics in Social Epidemiology (EPI 594) Kinesiology and Nutrition (HN 595) Stress and Health Outcomes (NUSC 594) Special Topics in Oral Sciences – Wound Healing (Nerve Damage & Regeneration) (OSCI 594)

OTHER TEACHING ENDEAVORS

Full-day Seminar Lecturer – Institute for Brain Potential (2019–Present)

I have developed a full-day seminar on the mind-body connection in health for this non-profit organization. I present this 2-4 times per year around the country to a variety of medical/health professionals, who earn Continuing Education (CE) credits for attendance.

Teaching Assistant – University of Western Ontario, London, Ontario, Canada (1997–2002)

- Taught practical components of undergraduate courses:
- Globalization (Business School)
- Research Methods & Design (Psychology)
- Animal Behavior Laboratory & Techniques (Psychology)

High School Teacher – Psychology (1994–1996)

Continuing Education Centre, Philemon Wright High School, Hull, Quebec, Canada

OTHER RESEARCH ENDEAVORS

National Alzheimer's Buddies (NAB) at Penn State

Faculty Advisor (2024 – Present)

Judge – PSU

Founder's Endowment for Excellence and Innovation Research Day, BBH (2022)

Judge – UIC

Clinic and Research Day, College of Dentistry (2010, 2012, 2013)

Panelist/Discussant – UIC

ENGELAND, CG

- UIC Postdoctoral Association Career Development (2013)
- 1st Annual Meeting of the American College of Wound Healing and Tissue Repair (2011)
- Center for Clinical and Translational Sciences Intensive Summer Program. Overcoming the Pitfalls of Clinical Research: Critical Factors for Success (2008, 2009, 2011, 2012)

Faculty Mentoring Training Program – UIC (Completed in 2010)

Research Assistant

In the animal laboratory of Case Vanderwolf, Ph.D. (Neuroscience) University of Western Ontario, London, Ontario, Canada (1996–1997)

Research Assistant

In the clinical office of Mark Ferland, Ph.D. (Clinical Neuropsychology) St. Vincent's Hospital, Department of Psychology, Ottawa, Ontario, Canada (1994–1996)