



5. Urban, E. J., Cochran, K. J., Acevedo, A. M., **Cross, M. P.**, Pressman, S. D., & Loftus, E. F. (2019). Misremembering pain: A memory blindness approach to adding a better end. *Memory & Cognition*, *47*(5), 954-967. doi.org/10.3758/s13421-019-00913-9
6. \*Kim, G., **Cross, M. P.**, & Pressman, S. D. (2019). The connections between personality traits, pain threshold, and pain tolerance. *The UCI Undergraduate Research Journal*, *XXII*.
7. **Cross, M. P.** & Pressman, S. D. (2018). Say cheese? The connections between positive facial expressions in student identification photographs and health care seeking behavior. *Journal of Health Psychology*, *25*(13-14), 2511-2519. doi:10.1177/1359105318790066
8. Pressman, S. D. & **Cross, M. P.** (2018). Moving beyond a one-size-fits-all view of positive affect in health research. *Current Directions in Psychological Science*, *27*(5), 339-344. doi.org/10.1177/0963721418760214
9. **Cross, M. P.**, \*Hofschneider, L., \*Grimm, M., & Pressman, S. D. (2018). Subjective well-being and physical health. In E. Diener, S. Oishi, and L. Tay (Eds.), *Handbook of Well-Being*. Salt Lake City, UT: DEF Publishers. doi:nobascholar.com
10. Jenkins, B. N., Hunter, J. F., **Cross, M. P.**, Acevedo, A. M., & Pressman, S. D. (2018). When is affect variability bad for health? The association between affect variability and immune response to the influenza vaccination. *Journal of Psychosomatic Research*, *104*, 41-47. doi:10.1016/j.jpsychores.2017.11.002
11. Hunter, J., F., **Cross, M. P.**, & Pressman, S. D. (2018). The associations between positive affect and health: Findings and future directions. In C.R. Snyder, S. J. Lopez, L. M. Edwards, and S. C. Marques (Eds.), *The Oxford Handbook of Positive Psychology*, 3<sup>rd</sup> Edition.
12. **Cross, M. P.**, & Pressman, S. D. (2017). Understanding the connections between positive affect and health. In C. L. Cooper and J. C. Quick (Eds.), *The Wiley Handbook of Stress and Health: A Guide to Research and Practice*.
13. Pressman, S. D., Kraft, T. L., & **Cross, M. P.** (2015). It's good to do good and receive good: The impact of a "pay it forward" style kindness intervention on giver and receiver well-being. *Journal of Positive Psychology*, *10*(4), 293-302. doi:10.1080/17439760.2014.965269

### **Manuscripts In Press**

1. Grisham, E. L., & **Cross, M. P.** Using positive coping strategies to boost resilience. In S. D. Pressman and A.C. Parks (Eds.), *Activities for Teaching Positive Psychology: A Guide for Instructors (Volume 2)*. American Psychological Association.

**Manuscripts in Preparation**

1. **Cross, M. P.**, Acevedo, A. M., & Pressman, S. D. The psychological and physiological effects of experimentally induced smiling during physical pain.
2. Pressman, S. D., **Cross, M. P.**, & Smith, J. R. Facial feedback research has an adherence problem.

**GRANTS AND FELLOWSHIPS**

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Teaching Materials Grant (\$200) 2020  
 Schreyer New Faculty Colleagues Group  
 The Pennsylvania State University

Dean's Dissertation Writing Fellowship (\$12,885) 2019  
 School of Social Ecology  
 University of California, Irvine

Multidisciplinary Design Program (\$2,000) 2017  
 Undergraduate Research Opportunities Program  
 University of California, Irvine  
*Awarded to projects that provide an environment for undergraduate students to develop the multidisciplinary skills and knowledge that will propel them into further studies or careers in fields that explore the connections between different disciplines*

La Verne Noyes Fellowship (\$3,000) 2016  
 University of California, Irvine  
*Awarded to an academically superior graduate student who is a direct descendant of a World War I U.S. Navy or Army veteran*

**HONORS AND AWARDS**

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Outstanding Mentoring Award (\$200) 2014, 2015, 2016, 2017, 2019  
 School of Social Ecology,  
 University of California, Irvine

Carol Kupers Whalen Graduate Research Award (\$1,000) 2018  
 Department of Psychological Science  
 University of California, Irvine  
*Awarded to a graduate student who is conducting innovative research on a fundamental question in health psychology and contributes to the department beyond his or her own work*

Dissertation Research Award (\$1,000) American Psychological Association <i>Awarded to students whose dissertation research reflects excellence in scientific psychology</i>	2017
Dissertation Data Collection Stipend (\$1,000) School of Social Ecology University of California, Irvine	2017
Alison Clarke-Stewart Excellence in Research Award (\$500) Department of Psychological Science University of California, Irvine <i>Awarded to the graduate student who submitted the best second year project; given to a paper that was creative, original, theoretically and practically strong, and reflected a large amount of independent work by the student</i>	2015
Graduate Research Fellowship Program Honorable Mention National Science Foundation	2015

## **TEACHING EXPERIENCE**

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### **Instructor at The Pennsylvania State University**

Mean ratings are from student course evaluations. Synchronous courses were in-person unless otherwise noted.

#### ***Synchronous Courses***

<b>Course</b>	<b>Date</b>	<b>Mean Rating</b>	<b>Course Enrollment</b>
Introduction to Biobehavioral Health	Spring 2021 (online)	6.52 out of 7	125 students
Research and Applications in Biobehavioral Health	Fall 2022	Not yet available	Not yet available
	Fall 2021	6.8 out of 7	35 students
	Fall 2020 (hybrid)	6.46 out of 7	36 students
	Spring 2020 (hybrid)	6.80 out of 7	39 students
Interdisciplinary Integration in Biobehavioral Health	Spring 2022	6.72 out of 7	82 students
	Fall 2019	6.29 out of 7	100 students

*Asynchronous Online Courses*

<b>Course</b>	<b>Date</b>	<b>Mean Rating</b>	<b>Course Enrollment</b>
Biobehavioral Aspects of Stress	Fall 2022	Not yet available	Not yet available
	Summer 2022	6 out of 7	38 students
	Spring 2022	6.23 out of 7	35 students
	Fall 2021	6.5 out of 7	38 students
Values and Ethics in Biobehavioral Health Research and Practice	Fall 2022	Not yet available	Not yet available
	Summer 2022	6.17 out of 7	21 students
	Spring 2022	6.5 out of 7	24 students
	Fall 2021	6.25 out of 7	23 students
	Summer 2021	6.25 out of 7	18 students
	Spring 2021	6.5 out of 7	22 students
	Fall 2020	6 out of 7	26 students
	Summer 2020	6.70 out of 7	23 students
Diversity and Health	Summer 2021	6.22 out of 7	16 students
	Spring 2021	6.85 out of 7	38 students
	Spring 2020	6.59 out of 7	39 students
Gender and Biobehavioral Health	Summer 2022	6.67 out of 7	16 students
	Spring 2022	6.8 out of 7	31 students
	Summer 2021	6.33 out of 7	19 students
	Summer 2020	6.86 out of 7	30 students
Introduction to Biobehavioral Health	Fall 2022	Not yet available	Not yet available
	Fall 2021	6.75 out of 7	39 students
	Summer 2021	6.11 out of 7	33 students
	Fall 2020	6.67 out of 7	38 students
	Summer 2020	6.48 out of 7	36 students
	Spring 2020	6.72 out of 7	37 students
	Fall 2019	6.68 out of 7	37 students

**Instructor at the University of California, Irvine**

Mean ratings are from student course evaluations. All courses were in-person.

*Synchronous Courses*

<b>Course</b>	<b>Date</b>	<b>Mean Rating</b>	<b>Course Enrollment</b>
Human Stress	Spring 2019	6.03 out of 7	252 students
	Spring 2018	6.11 out of 7	230 students
Health Psychology	Summer 2018	8.5 out of 9	39 students

## MENTORSHIP

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I have worked closely with eight undergraduate honors students. The following are the honors students I have worked with, their current positions (if known), and the awards they won under my mentorship.

Grace Kim (2018-2019)

*Current position:* Medical student at the California University of Science and Medicine

Title of honors thesis: *The Connections between Personality Traits and Pain Tolerance*

Jeanne Kim (2018-2019)

Title of honors thesis: *The Connections between Anxiety Sensitivity and Pain Tolerance*

Katlyn King (2016-2017)

*Current position:* Survey Statistician at the U.S. Census Bureau

Title of honors thesis: *Facial Attraction and Academic Success: Does Beauty Trump Brains?*

Social Ecology Excellence in Research Distinction (Spring, 2017)

Summer Undergraduate Research Opportunities Program (Summer, 2016; \$1,800)

Lauren Hofschneider (2015-2016)

*Current position:* Health Psychology Ph.D. student at the University of California, Los Angeles

Title of honors thesis: *Risky Business: The Influence of Smiling on Risky Decision-Making*

Social Ecology Excellence in Research Distinction (Spring, 2016)

Summer Undergraduate Research Opportunities Program (Summer, 2015; \$1,700)

Mikaela Grimm (2015-2016)

*Current position:* Counseling Master's student at California State University, Fullerton

Title of honors thesis: *The Influence of Smiling on Blood Pressure*

Clint McKenna (2014-2015)

*Current position:* Social Psychology Ph.D. student at the University of Michigan

Title of honors thesis: *The Influence of Smiling on Evaluating Moral Foundation Transgressions*

Social Ecology Excellence in Research Distinction (Spring, 2015)

Psychology and Social Behavior Excellence in Research Award (Spring, 2015)

Summer Undergraduate Research Opportunities Program (Summer, 2014; \$1,500)

Mary Smirnova (2014-2015)

*Current position:* Clinical Psychology Ph.D. student at the University of Nevada, Reno

Title of honors thesis: *Can Smiling Make You Cheat? The Impact of Smiling on Moral Behavior*

Social Ecology Excellence in Research Distinction (Spring, 2015)

Daniel Faraci (2014-2015)

*Current position:* Clinical Psychology Ph.D. student at the University of South Florida

Title of honors thesis: *The Influence of Smiling on Moral Decision-Making*

Social Ecology Excellence in Research Distinction (Spring, 2015)

Summer Undergraduate Research Opportunities Program (Summer, 2014; \$1,500)

## **CONFERENCE PRESENTATIONS**

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*\*Denotes an undergraduate student I directly supervised in research*

### **Invited Academic Talks**

1. **Cross, M. P.** (March, 2019). *Careers in teaching psychosomatic medicine*. 77<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Vancouver, Canada.

### **Submitted/Reviewed Academic Talks**

1. Jenkins, B. N., Ong, L., Boehm, J., Hunter, J., **Cross, M. P.**, Acevedo, A., Pressman, S. D., Richardson, M., & Conner, T. (March, 2020). *When is affect variability bad? Examining the associations between affect variability and mental, physiological, and physical health outcomes*. Paper to be presented at the 78<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Long Beach, CA. *Conference cancelled*.
2. Jenkins, B. N., **Cross, M. P.**, Goldstein, A., Kraft-Feil, T. L., Rasmussen, H., Scheier, M. F., & Pressman, S. D. (March, 2019). *The stress buffering effect of positive affect on sleep: Considering arousal level of positive affect*. Paper presentation at the 77<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Vancouver, Canada.
3. Jenkins, B. N., Hunter, J. F., **Cross, M. P.**, Acevedo, A. M., & Pressman, S. D. (April, 2018). *Mean positive affect moderates the association between positive affect variability and immune response to the influenza vaccination*. Paper presentation at the Positive Emotion Preconference at the 5<sup>th</sup> Annual Meeting of the Society for Affective Science, Los Angeles, CA.
4. Pressman, S. D., Acevedo, A. M., **Cross, M. P.**, Hunter, J. F., & Jenkins, B. N. (April, 2018). *Keep calm and fight pain: How arousal matters in the positive affect-pain connection*. Paper presentation at the 5<sup>th</sup> Annual Meeting of the Society for Affective Science Annual Conference, Los Angeles, CA.
5. **Cross, M. P.**, & Pressman, S. D. (March, 2018). *The case for including facial expressions in affect and health research*. Paper presentation at the 76<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Louisville, KY.
6. **Cross, M. P.**, Kraft, T. L., & Pressman, S. D. (April, 2016). *The impact of a “pay it forward” style kindness intervention on giver and receiver wellbeing*. Paper presentation at the 96<sup>th</sup> Annual Convention of the Western Psychological Association, Long Beach, CA.

7. Pressman, S. D., & **Cross, M. P.** (March, 2016). *Say cheese! The association between smiles in student identification photographs and frequency of health care center visits*. Paper presentation at the Positive Emotion Preconference at the 3<sup>rd</sup> Annual Meeting of the Society for Affective Science, Chicago, IL.
8. **Cross, M.**, Brooks, K., & Robles, T. (April, 2012). *We get by with a little help from our friends: The relationship between types of social support and emotion*. Paper presentation at the Berkeley Interdisciplinary Research Conference at UCB, Berkeley, CA.

### **Chaired Symposia**

1. **Cross, M. P.** (March, 2019). HIV. 77<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Vancouver, Canada.
2. **Cross, M. P.** (March, 2018). Pain and physical symptoms. 76<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Louisville, KY.

### **Poster Presentations**

1. \*Khan, A., Olah, M., \*Palmer, S., \*Smith, J., \*Resendiz, E., **Cross, M. P.**, & Pressman, S. D. (April, 2019). The relationship between personality and facial expression adherence. Poster presentation at the 99<sup>th</sup> Annual Convention of the Western Psychological Association, Pasadena, CA.
2. \*Kim, G. J., \*Singh, T., \*Hollas, K., \*Tran, T., \*Chen, S., \*Corona, R., **Cross, M. P.**, & Pressman, S. D. (May, 2018). *An analysis of Cyberball as an effective social exclusion tool*. Poster presentation at the 30<sup>th</sup> Annual Convention of the Association for Psychological Science, San Francisco, CA.
3. \*Dominguez Ortega, D., \*Zheng, Z., \*Chen, S., \*Singh, T., \*Galstyan, E., \*Gheorma, L., **Cross, M. P.**, & Pressman, S. D. (April, 2017). *A comparison of manipulated and natural smile facial muscle activation*. Poster presentation at the 97<sup>th</sup> Annual Convention of the Western Psychological Association, Sacramento, CA.
4. **Cross, M. P.**, Acevedo, A. M, Hunter, J. F., & Pressman, S. D. (March, 2017). *Smile while your heart is breaking? The protective cardiovascular effects of smiling during social exclusion*. Poster presentation at the 75<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.
5. Hunter, J. F., Hooker, E., Acevedo, A. M., **Cross, M. P.**, \*Wong, E. & Pressman, S. D. (March, 2017). *Is your smartphone a digital security blanket? How phone use and availability influences salivary alpha amylase and exclusion reports during social stress*. Poster presentation at the 75<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.



6. Acevedo, A. M., Leger, K., \*Shader, J., Hunter, J. F., **Cross, M. P.**, & Pressman, S. D. (March, 2017). *Keep calm and carry on: Low arousal positive affect is associated with higher parasympathetic function and no sympathetic activation during responses to pain.* Poster presentation at the 75<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.
7. \*Dominguez Ortega, D., \*Singh, T., \*Zhang, S., \*Koh, S. E., \*Carcano, A., \*Gheorma, L., **Cross, M. P.**, & Pressman, S. D. (March, 2017). *Using psychophysiological methods to understand the effects of different positive facial expression manipulations.* Poster presentation at the 38<sup>th</sup> Annual Meeting of the Society for Behavioral Medicine, San Diego, CA.
8. \*Hofschneider, L., \*Grimm, M., \*Wang, H. D., \*King, K., \*Ochiai, K., \*Ong, P., **Cross, M. P.**, & Pressman, S. D. (March, 2017). *Do loneliness and self-esteem alter the influence of self-affirmation on stress recovery?* Poster presentation at the 38<sup>th</sup> Annual Meeting of the Society for Behavioral Medicine, San Diego, CA.
9. Urban, E. J., Cochran, K. J., Acevedo, A., **Cross, M. P.**, Pressman, S. D., & Loftus, E. F. (January, 2017). *Underestimating pain: Memory blindness for a self-reported painful experience.* Poster presentation at the 18<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Antonio, TX.
10. Chase, D., **Cross, M. P.**, & Pressman, S. D. (April, 2016). *Do personality traits predict health care seeking behaviors in college students?* Poster presentation at the 96<sup>th</sup> Annual Convention of the Western Psychological Association, Long Beach, CA.
11. \*Gheorma, L., \*Carcano, A., \*Koh, S., \*Nguy, C. T., \*Ortega, D. D., \*Shader, J., **Cross, M. P.**, Pressman, S. D. (April, 2016). *The smile stick: The validation of a new method of smile inducement.* Poster presentation at the 96<sup>th</sup> Annual Convention of the Western Psychological Association, Long Beach, CA.
12. Limas, I., Villarreal, B. J., **Cross, M. P.**, & Heckhausen, J. (April, 2016). *Academic stress, motivation, and mental and physical health in university students.* Poster presentation at the 96<sup>th</sup> Annual Convention of the Western Psychological Association, Long Beach, CA.
13. **Cross, M. P.**, & Pressman, S. D. (March, 2016). *Does a smile a day keep the doctor away? The connections between facial expressions in student identification photographs and health care center visitation.* Poster presentation at the 74<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO.
14. **Cross, M. P.**, \*Gheorma, L., \*Hofschneider, L., \*Grimm, M., & Pressman, S. D. (January, 2016). *Does a smile a day keep the doctor away? The connections between facial expressions in student identification photographs and health care center visitation.* Poster presentation at the 17<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Diego, CA.

15. \*Smirnova, M., \*McKenna, C., \*Faraci, D. C., **Cross, M. P.**, Pressman, S. D., & Ditto, P. H. (January, 2016). *The influence of smiling on cheating*. Poster presentation at the 17<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Diego, CA.
16. \*Faraci, D. C., \*McKenna, C., \*Smirnova, M., **Cross, M. P.**, Pressman, S. D., & Ditto, P. H. (January, 2016). *The influence of smiling on moral decision making*. Poster presentation at the 17<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Diego, CA.
17. \*McKenna, C. \*Smirnova, M., \*Faraci, D. C., **Cross, M. P.**, Pressman, S. D., & Ditto, P. H. (January, 2016). *The influence of smiling on evaluating moral foundation transgressions*. Poster presentation at the 17<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Diego, CA.
18. **Cross, M. P.**, \*Faraci, D. C., \*Milligan, S., \*Gheorma, L., & Pressman, S. D. (March, 2015). *Fake smiles = worse health: The connection between smile type in student photos and physical health*. Poster presentation at the 73<sup>rd</sup> Annual Scientific Meeting of the American Psychosomatic Society, Savannah, GA.
19. \*Faraci, D. C., \*Milligan, S., \*Gheorma, L., **Cross, M. P.**, & Pressman, S. D. (February, 2015). *The connections between smile intensity in student ID photos and health*. Poster presentation at the 16<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, Long Beach, CA.
20. **Cross, M. P.**, Kraft, T. L., & Pressman, S. D. (February, 2015). *It's good to do good and receive good: The impact of a "pay it forward" style intervention on giver and receiver wellbeing*. Poster presentation at the 16<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, Long Beach, CA.
21. **Cross, M. P.**, Kraft, T. L., & Pressman, S. D. (February, 2015). *It's good to do good and receive good: The impact of a "pay it forward" style intervention on giver and receiver wellbeing*. Poster presentation at the Happiness and Well-being Pre-Conference, Society for Personality & Social Psychology, Long Beach, CA.
22. **Cross, M. P.**, \*Estevez Cores, S. M., \*Bower, A. H., & Pressman, S. D. (March, 2014). *What types of social relationship variables are associated with respiratory sinus arrhythmia?* Poster presentation at the 72<sup>nd</sup> Annual Scientific Meeting of the American Psychosomatic Society in San Francisco, CA.
23. Leger, K. A., **Cross, M. P.**, & Pressman, S. D. (March, 2014). *The relationship between self-rated health, heart rate, and heart rate variability in healthy young adults*. Poster presentation at the 72<sup>nd</sup> Annual Scientific Meeting of the American Psychosomatic Society in San Francisco, CA.
24. **Cross, M.**, Brooks, K., & Robles, T. (May, 2012). *We get by with a little help from our friends: The relationship between types of social support and emotion*. Poster presentation at the Psychology Undergraduate Research Conference at UCLA, Los Angeles, CA.

25. **Cross, M.,** Frazier, M., Galligan, M., Vishnevsky, R., Thom, E., & Sandhofer, C. (2011, May). *Examining the relationship between word learning and experience within categories*. Poster presentation at the Psychology Undergraduate Research Conference at UCLA, Los Angeles, CA.
26. **Cross, M.,** Frazier, M., Galligan, M., Vishnevsky, R., Thom, E., & Sandhofer, C. (May, 2011). *Examining the relationship between word learning and experience within categories*. Poster presentation at the Symposium on Cognitive and Language Development at California State University Los Angeles, Los Angeles, CA.

### **ADDITIONAL RELEVANT WORK EXPERIENCE**

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Lab Manager and Research Coordinator 2012 – 2013  
 Social Neuroscience Laboratory, UCLA  
 Principal Investigator: Shelley E. Taylor, Ph.D.

- Coordinated an NIA-funded study investigating the physiological correlates of psychological vulnerabilities to fraud across the lifespan
- Assisted in writing and editing *Health Psychology*, 9th edition, by Dr. Shelley E. Taylor
- Developed and submitted research study protocols to Federal grant institutions (NIH, NSF) and UCLA's Institutional Review Board

### **PROFESSIONAL SERVICE**

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American Psychosomatic Society Emerging Leaders Committee 2017 – 2020  
*Responsible for promoting the development of early career members and trainees as scholars and leaders in psychosomatic medicine*

Mentor for the International Medicine Education and Development Club at the University of California, Irvine 2018 – 2019  
*Served as a mentor for two undergraduate students who were interested in careers in the health sciences*

American Psychosomatic Society Program Committee 2017 – 2019  
*Responsible for developing the academic portions of the Annual Meeting*

### **Ad Hoc Reviewer**

*Perspectives on Psychological Science*  
*Frontiers in Psychology: Personality and Social Psychology*  
*Health Psychology*  
*Applied Psychology: Health and Well-Being*  
*Journal of Health Psychology*  
*International Journal of Applied Positive Psychology*

**DEPARTMENTAL SERVICE**

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**The Pennsylvania State University**

Honors Advising Team Department of Biobehavioral Health	2022 – present
Teaching Faculty Search Committee Member Department of Biobehavioral Health	2022 – present
World Campus Committee Department of Biobehavioral Health	2019 – present
Experiential Programs Admissions Committee Department of Biobehavioral Health	2020 – 2022
World Campus Faculty Search Committee Member Department of Biobehavioral Health	2021
Global Health Admissions Committee Department of Biobehavioral Health	2019 – 2020

**University of California, Irvine**

Clinical Neuropsychology and Aging Faculty Search Committee Member Department of Psychological Science	2018
NSF GRFP Internal Review Committee School of Social Ecology	2018
Graduate Recruitment Chair Department of Psychological Science <i>Responsible for coordinating the interview weekend for potential future graduate students</i>	2016 – 2017
Social Chair Department of Psychological Science <i>Responsible for planning community-building events for faculty and graduate students</i>	2014 – 2016

**UNIVERSITY SERVICE**

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Schreyer Honors College Selection Committee The Pennsylvania State University	2019 – 2020
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## **PROFESSIONAL DEVELOPMENT**

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### **The Pennsylvania State University**

#### ***Certificates Completed***

Foundations for Online Teaching Certificate 2021  
*Four-course online certificate to help develop essential competence in online teaching*

#### ***Courses Completed***

“Teaching the International Student” 2021  
*Designed to help faculty in preparing to work with international students in an online environment*

“Supporting World Campus Students in Distress” 2021  
*Designed to help faculty effectively address concerns about student behavior and care*

“Serving the Military and Veteran Student” 2021  
*Designed to help faculty learn about military and veteran students and how best to support them in our classes*

“Supporting Accessibility for Online Learners” 2020  
*Focused on processes that support student accessibility to online learning*

“Teaching the Adult Learner” 2020  
*Provided a basic understanding of the adult learner and assisted with effective teaching methodologies*

“Introduction to World Campus” 2020  
*Designed to provide an introductory look at the process by which a World Campus program and course are developed*

“Introduction to Canvas” 2019  
*Designed to build faculty competency in using many features of Canvas*

“Essentials of Online Teaching” 2019  
*Designed to provide a solid foundation to practice effective online teaching; activities focused on discussion management, assessment techniques, developing learning activities, reflective practice, and planning for future development and community building*

**PROFESSIONAL AFFILIATIONS**

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American Psychosomatic Society	2013 – present
American Psychological Association Division 2, Society for the Teaching of Psychology Division 38, Health Psychology	2017 – present

**PRESS/NEWS COVERAGE**

***Podcast Interviews***

“It’s Not All in Your Head: The Immune System and Mental Health Connection.” *Therapeutic Perspective*. October 21, 2021. <https://therapeuticperspective.com/podcast/episode-25-its-not-all-in-your-head-the-immune-system-and-mental-health-connection/>

“The Science of Smiling with Dr. Marie Cross.” *The Science of Light Podcast*. June 9, 2021. <https://www.yogiscopes.com/podcast/16>