

# KINES 296 or KINES 496 INDEPENDENT STUDY FORM

## STUDENT INFORMATION:

Name \_\_\_\_\_ Student # \_\_\_\_\_

PSU Email \_\_\_\_\_ Phone# \_\_\_\_\_

# of Credits\* \_\_\_\_\_ Semester \_\_\_\_\_ Faculty Name \_\_\_\_\_  
(\*45 hours per credit)

## KINES 296\_\_ or KINES 496\_\_:

- |                                  |                           |
|----------------------------------|---------------------------|
| A. Athletic Training             | E. Motor Control          |
| B. Biomechanics                  | F. Psychology of Movement |
| C. Exercise Physiology           | G. Teaching/Coaching      |
| D. History & Philosophy of Sport | K. Applied Kinesiology    |

### 1. PURPOSE (PLEASE CIRCLE ALL THAT APPLY)

Research	Data collection
Paper	Other

### 3. ACADEMIC COMPONENTS\*\*

\*\*The academic rigor of a 496 needs to be equivalent to that of a Kines 400-level course. The proposal/description should include objectives, attendance and expectations.

### 4. MEANS OF ASSESSMENT

Written exams	Typed papers
Readings	Formal presentations
Practical exams	Logs
Research journal reviews	Other

\_\_\_\_\_  
(Student Signature)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Kinesiology Faculty Signature)

\_\_\_\_\_  
(Date)

-----  
Administrative Use:

Rcvd: \_\_\_\_\_ Course#: \_\_\_\_\_ Entered: \_\_\_\_\_