

Carly Belko

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Education

Undergraduate:	The Pennsylvania State University University Park, PA Intended Major: Biobehavioral Health Anticipated Graduation: May 2020	2016 - present
High School:	State College Area High School State College, PA <u>Thesis:</u> The Relationship Between Sensitivity to Rewards and Punishment and Food Intake in Children <u>Supervisors:</u> Kathy Seeland, Dr. Kathleen L. Keller, Shana Adise	2013 - 2016
	Philipsburg Osceola Area High School Philipsburg, PA	2012 – 2013

Honors & Awards

Joseph R. Cardenuto Memorial Scholarship	September 2016 – May 2017
Health Professions Research Fellowship	September 2015 – May 2016
State College Area High School's High Honor Roll	August 2013 – May 2016
Philipsburg Osceola Area High School's High Honor Roll	August 2012 – May 2013

Research Experience

Metabolic Kitchen and Children's Eating Behavior Laboratory Department of Nutritional Sciences, The Pennsylvania State University <u>Position:</u> Research Assistant <u>Supervisor:</u> Dr. Kathleen L. Keller <u>Projects:</u> Energy Balance Study, Decision Making Study <u>Responsibilities:</u> <ul style="list-style-type: none">• Collect, analyze, and enter data using Microsoft Excel and SPSS• Prepare meals and other materials required for testing• Conduct participant visits with children ages 7-12 years old• Maintain organization throughout the laboratory	August 2015 - Present
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Teaching Experience

State College Area High School Introduction to Sports Medicine <u>Position:</u> Teaching Assistant <u>Supervisor:</u> Dr. Jennifer Reed <u>Responsibilities:</u> <ul style="list-style-type: none">• Graded various assignments such as tests and homework	September 2015 – June 2016
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- Supervised labs
- Helped struggling students with labs and various assignments
- Taught class when teacher was out

Additional Work Experience

Wegmans

July 2014 – May 2016

State College, Pennsylvania

Position: Part-time Evening and Weekend Cashier

Supervisor: Lana Allison

Responsibilities:

- Performed customer service in a fast paced environment.
- Processed high volume transactions and handled money.
- Trained new hires.

Skills and Software

Statistical Package for the Social Sciences (SPSS) (basic proficiency)

Microsoft Office – Word, PowerPoint, Excel (basic proficiency)

E-Prime (basic proficiency)

Certifications

Serving It Safe Food Protection Manager Certification

CITI (Collaborative Institutional Training Initiative) Human Protection Training

Functional Magnetic Resonance Imaging Safety Training

Children Abuse Prevention Training (Penn State)

Service

Key Club

Club that encourages leadership through helping others

August 2013 – May 2014

Responsibilities:

- Volunteered over 40 hours of community service through school and Kiwanis events
- Planned and coordinated various school events such as All Night Volleyball which raises money for numerous charities picked by members the year it takes place
- Planned and assisted with blood drives

Health Occupations Students of America

August 2014 – June 2016

Club that promotes career opportunities in health care