

**Recommended Academic Plan for Biobehavioral Health (BB H at University Park)
Effective Summer 2004**

Semester 1	Credits	Semester 2	Credits
<i>PSYCH 100</i> (GS) General Psychology	3	<i>BIOL 141</i> (GN) Physiology	3
<i>BIOL 110</i> (GN) Biology: Basic Concepts and Biodiversity	4	<i>CHEM 110</i> Chemical Principles	3
<i>ENGL 015</i> or <i>030</i> ^S (GWS) Composition/Honors Comp.	3	<i>HD FS</i> (GS) Selection	3
<i>BB H 101</i> (GHA) Introduction to Biobehavioral Health	3	<i>CAS 100</i> ^S (GWS) Effective Speech	3
<i>First-Year Seminar</i>	1-2	<i>Arts</i> (GA) or <i>Humanities</i> (GH) or <i>Quantification</i> (GQ)*	3
Total Credits:	14-15	Total Credits:	15
Semester 3	Credits	Semester 4	Credits
<i>BB H 311</i> or <i>BB H 316</i> Interdisciplinary Integration in BB H/Foundations & Principles of Health Promotion	3	<i>BB H 316</i> or <i>BB H 311</i> Foundations & Principles of Health Promotion/ Interdisciplinary Integration in BB H	3
<i>STAT 200</i> or <i>240</i> or <i>250</i> (GQ) Statistics	3-4	<i>NUTR 251</i> (GHA) Principles of Nutrition	3
Supporting Basic Science	3	<i>BIOL 133</i> (GN) or <i>BIOL 222</i> Genetics & Evolution/Genetics	3
Supporting Course (in consultation with adviser)	3	Scientific Thought and Philosophy	3
Supporting Health and Developmental Sciences	3	<i>Arts</i> (GA) or <i>Humanities</i> (GH) or <i>Quantification</i> (GQ)*	3
Total Credits:	15-16	Total Credits:	15
Semester 5	Credits	Semester 6	Credits
<i>BB H</i> 300/400-level course	3	<i>BB H 310</i> Research Strategies for Studying BB H	3
<i>BB H</i> 300/400-level course	3	<i>BB H</i> 300/400-level Course	3
<i>ENGL 202A</i> (GWS) Effective Writing: Social Science	3	Supporting Basic Science	3
Supporting Basic Science	3	Supporting Course (in consultation with adviser)	3
Supporting Health and Developmental Science	3	<i>Arts</i> (GA) or <i>Humanities</i> (GH) or <i>Quantification</i> (GQ)*	3
Total Credits:	15	Total Credits:	15
Semester 7	Credits	Semester 8	Credits
<i>BB H 440</i> Principles of Epidemiology	3	<i>BB H 411W</i> Research and Applications in BB H	3
<i>BB H</i> 300/400-level Course	3	<i>BB H</i> 300/400-level Course	3
Supporting Basic Science	3	Supporting Health and Developmental Science	3
Supporting Health Promotion	3	Supporting course (in consultation with adviser)	3
<i>Arts</i> (GA) or <i>Humanities</i> (GH) or <i>Quantification</i> (GQ)*	3	<i>Arts</i> (GA) or <i>Humanities</i> (GH) or <i>Quantification</i> (GQ)*	3
Total Credits:	15	Total Credits:	15

- **Bold Type** indicates courses requiring a quality grade of C or better.
- *Italic Type* indicates courses that satisfy both major and General Education requirements.
- **Italic Bold Type** indicates courses requiring a quality grade of C or better and that satisfy both major and General Education requirements.
- GWS, GHA, GQ, GN, GA, GH, and GS are codes used to identify General Education requirements.
- US, IL, and US:IL are codes used to designate courses that satisfy University United States/International Cultures requirements.
- W is the code used to designate courses that satisfy University Writing Across the Curriculum requirement.

Program Notes: *As long as two Arts (GA) and two Humanities (GH) are taken across the eight semesters, the particular order in which these courses are taken is not relevant. The course series listed above is only one of many possible ways to move through the BB H curriculum.

Academic Advising Notes: ^S Effective Fall 2012, all incoming Schreyer Honors College freshmen at University Park will take [***ENGL/CAS 137H***](#) in the fall semester and [***ENGL/CAS 138T***](#) in the spring semester. These courses carry GWS designation and replace both ENGL 030 and CAS 100. Each course is 3 credits. At the discretion of the college, ENGL/CAS 138T satisfies the first-year seminar requirement.

A student's career/graduate school plans should be considered in developing an individual academic plan. Be sure to consult an adviser in this department when scheduling courses.